



AHM Clinical Expansion: Executive Summary

The four communities that Andover, Hebron, Marlborough Youth & Family Services reaches are in need of additional mental health supports. Due to our rural location, lack of other community resources and/or referral options for having long waiting lists, AHM has been the trusted organization for these services for over 39 years. AHM currently has 52 young people on a waiting list needing clinical treatment.

To address this need, AHM is proposing an expansion of our out-patient therapy program which will change the lives of hundreds of youths and their families residing in Andover, Hebron, Marlborough and Columbia. The **AHM Therapist Mentorship Program** will consist of a Clinical Supervisor that can oversee a Junior Licensed Therapist, as well as 2-3 college interns. The addition of these clinicians will increase our capacity for session slots and expand our ability to serve our four communities.

The combined population of our four towns is currently about 23,638 residents. AHM serves youth age 0 through 26 as well as their caregivers. This past year, we served approximately 10,000 residents through our services and programs. For over 39 years, AHM has proven to provide our community with high quality programs and services, as well as cultivating strong partnerships with our town leaders, schools, faith-based organizations, local businesses, as well as regional and state associations and leaders.

As our new Clinical Supervisor and Junior Licensed Therapist become credentialed with insurance providers and build their caseloads, we predict a revenue of \$124,000 within the first year and \$280,000 of earnings in year two.

We are seeking an investment of \$74, 196 to launch this clinical expansion to implement the infrastructure required to jump start our needed growth.



Within 2 years, this expansion structure will not only be revenue generating and sustainable, it will serve more youth and families turning to AHM for mental health support. AHM Youth & Family Services is confident that this expansion will not only be life changing to hundreds of youth and their families, it will also serve as a great place for clinicians to grown, learn and serve.