

## **CHEC MEETING**

**Wednesday, November 1, 2023, 4:00 – 5:00PM via Zoom**

### **Call to Order – J. Boehler**

J. Boehler called the meeting to order at 4:02 PM.

Welcome & Introductions – Present: T. Giordano, J. Boehler, K. Barella, N. Aniolek, J. Toner, K. Carew and Dan White.

### **AHM Updates – T. Giordano**

AHM participated in recent community events including two “Trunk or Treat” events and a “Story Walk”. These events allow the community to learn about AHM programs and services. AHM had a contest to name their mascot - Pendleton the Owl was chosen. They are currently interviewing for another therapist. There are 50 youth on the wait list.

### **SOAR Update-J. Boehler**

SOAR met in October with 5 students attending. The Peer Helpers has been absorbed into the group. A calendar of future events was created and approved. “I Appreciate You” bracelets were handed out to both students and teachers at RHAM recently.

### **Old Business – J. Boehler**

- **Just Breathe Signage**

Columbia received their signs two weeks ago. Will allow consistency through Hebron, Marlborough and Columbia. She still has not heard from Andover. RHAM Middle and High will also be receiving the signs. RHAM will also be replacing the “No Vaping” signs inside the school that were purchased by AHM CHEC years ago with the Just Breathe signs.

- **National Take-Back Day**

Held October 28, 2023. 168 pounds of medications were collected. Literature about AHM was distributed.

A video was made regarding the process to dispose of sharps which will be available on the AHM page and shared via social media.

- **Hidden in Plain Sight**

The event was postponed due to inclement weather. Will be rescheduled.

- **National CADCA Conference January 2024**  
No new information
- **'Today I Matter' Social Media Campaign**  
No new information
- **CADCA Case Study**  
No new information
- **Panel Discussion**  
Jenn in contact with Governors Prevention Partnership; the doctor will be sending available dates and other participants will be contacted.

#### **New Business – J. Boehler**

- **Screenagers – The Next Chapter**  
Previewing the documentary next Wednesday at AHM. Covers how screen time impacts youth. More participants are welcome.
- **Cocoa with a Cop – J. Boehler**  
Jenn spoke with officers at the Take-Back Event. Cocoa with a cop has not been well attended recently. Discussing other options for the future. K. Carew mentioned an event in her town involving a wiffle ball tournament with police officers and youth that was a success. T. Barella suggested involving the School Resource Officers that are familiar with the students.

#### **Adjourn**

The meeting adjourned at 4:30 P.M.

Minutes Respectfully Submitted,  
D. Pearson