

CHEC MEETING

Wednesday, April 4, 2023, 4:00 – 5:00PM via Zoom

Call to Order – K. Barella

K. Barella called the meeting to order at 4:02 PM.

Welcome & Introductions – Present: K. Barella, T. Giordano, J. Boehler, J. Belanger, J. Toner, N. Aniolek, S. McCarthy, K. Kelley and C.A. Bell.

AHM Updates – T. Giordano

- Launching spring programs for ages 3 – seniors
- Spring Theater Program for grades K - 12
- Beginning a new session of Health Matters
- Upcoming events include Family Resource Fair at The Richmond Memorial Library in Marlborough April 29th, Spring Concert and Auction May 20th, Golf Tournament July 21st and free QPR / Narcan class in May.

SOAR Update

Rosalee (via phone)

Reported that members of SOAR recently reviewed and critiqued an old presentation that is shown to 6th graders/incoming 7th graders a Marlborough Elementary School. They also made a collage of Barnabus, a therapy dog that visits the school. The collage includes notes from students with their thoughts about Barnabus.

Old Business

• National Take Back Day – Jenn

Saturday April 29th at RHAM High School and in Marlborough at the turn-around across from the Town Hall. Volunteers are needed in Marlborough. The school of Pharmacy at UCONN has offered to assist with the event.

Making our Communities Smoke Free Just Breath Signage – Jenn

- J. Boehler to contact Andover Parks and Recreation regarding the Just Breath signage.
- **“Welcome to Reality” Social Media Presentations Update - Jenn**
T. Giordano reported they will be filming an episode for the website and Community Voice channel.

- **AHM Project Graduation Fundraisers - Jenn**

J. Boehler reported the Simply Soy candle and graduation lawn sign fundraisers have been extended. The Tip a Musician fundraiser will be held June 3rd behind the Flour Girl Cafe.

- **Athletic Night (3/22) for Parents and Student Athletes**

J. Boehler reported Deborah Lake from the Governor's Prevention Partnership spoke to parents and students about substance use, the consequence of using at a young age and the Youth Voices Count Survey.

- **Tabled Items Until Further Notice: Marlborough Health & Safety Day, Today I Matter Poster Project and Possibility of a Public Forum/Legalization of Marijuana and Retail Establishments**

New Business

- **Prevention Panel Discussion Planned**

J. Boehler reported the Marlborough Superintendent requested an assembly for parents/students to learn about the risks of using different substances. AHM met with Governor's Prevention Partnership group to discuss offering parent/student education to all three towns. Decided on a panel discussion which will include a medical professional discussing substances and risks, specialists speaking about vaping, marijuana and alcohol use, law enforcement officer talking about legal ramifications and teaching refusal strategies to students. The panel discussion will be in-person at AHM, on Zoom and live on Facebook.

- **Today I Matter Poster Project (John Lally)**

J. Boehler reported she is exploring different options to get information about the Poster campaign to the community.

Adjourn

The meeting adjourned at 4:30 P.M.

Minutes Respectfully Submitted,
D. Pearson