



CHEC MEETING
Wednesday, September 7, 2022
4:00 – 5:00PM via Zoom

Call to Order

Welcome, Introductions, new AHM CHEC Chair

Members Present: K. Barella (Chair), T. Giordano, J. Boehler, J. Gasper, S. Stolfi, B. Smith, C.A. Bell, C. Mader, C. McNamara, D. White, D. Briere, J. Gasper, P. Bryzgel, R. Picone and V. Han.

AHM Updates – Tressa

Gina Marie’s Restaurant gourmet dinner fundraiser will be held October 3rd. Tickets are \$55.00 and all proceeds donated to AHM.

They are looking for 2-3 youth representatives for the Board of Directors. Students’ 8th grade and above are welcome. They are also looking to recruit new adult members, primarily from Columbia and Marlborough, to have representation from all towns.

There are many AHM programs rolling out this month and members were asked to spread the word.

In honor of current Past President, Sue Stolfi

Current recruitment efforts:

AHM Youth Group Representatives – (3) Open Positions

AHM Youth Board Member – (1) Open Position

Old Business

CADCA Mid-Year Training update July 17-21

Jenn reported this was the first time AHM gave the opportunity for youth to attend the conference. C. Boula and C. Leshak attended along with two adult members. It was a great experience with representatives from all 50 states. They participated in brainstorming exercises, workshops and learned new strategies for a successful coalition. Tressa noted the next CADCA Conference will be held in Washington D.C in February.

AHM Project Graduation – June 15 - Jenn

Jenn reported Project Graduation was held at Revolutions and was very successful.

Hebron Day update – June 20 - Tressa

Tressa reported Hebron Day was moved from August to June this year and there were more people in attendance. AHM had a table and Ana Gopian also had a table displaying the Paraphernalia Project. Paraphernalia found locally was displayed and prompted a lot of conversation.



Substance Abuse Prevention Starts With Us

A show was filmed through CVC where A. Gopian shared some of her information. Once complete, it will be found on CVC and the AHM website. Jenn added that photos of paraphernalia found locally are posted on the AHM Prevention page.

Coffee With a Cop – June 24 at the Marlborough Bakery

Coffee with a cop was held at Marlborough Bakery on June 24th and at the Flour Girl Café September 2, 2022. They plan to have the next event in Andover in the spring. The time of the events fluctuate in order to reach different age groups.

Youth Voices Count Survey – RHAM MS & RHAM High School - Bonnie

B. Smith explained she is the AHM evaluator for the drug free communities grant that sponsors some of the work that CHEC does. The Youth Voices Count survey was conducted last spring. It is a requirement that these data be collected. She will present the data to school administrators on the September 13th. The coalition will then have access to the data which can be used to guide steps needed regarding substance use, prevention and reduction.

Making Our Communities Smoke-free Update – Jenn

Jenn reported Hebron Parks and Recreation has approved the design of a sign stating “Just Breath” which lists what can be done regarding smoking/vaping in Hebron Parks. It also has AHM and CHEC logos which is good recognition. The next step is to go to Marlborough and Andover with the same idea.

CHEC Promotion Items – Car Magnets & Swag - Jenn

Jenn reported a 5 x 5 magnet was designed over the summer and will be printed this month. There was discussion regarding other promotional items and hats were suggested. The items can be distributed at various events and in the schools.

Marlborough Health & Safety Day/Today I Matter Poster Project – Jenn

Jenn noted Steve McCarthy is passionate about getting the Poster Project onto the RHAM campus when the timing is good.

Marlborough Day 2022 - Tressa

Tressa reported that AHM opted out of attending Marlborough Day this year.

New Business

Opportunities at RHAM High School - Jenn

Jenn reported AHM will be taking part in the athlete meetings this year. On August 31st they began the AHM mind/body sports series. In the fall they plan to bring in the Youth Voices Count data and talk to student and parents about substances in the community.

National Take Back Event - Saturday, October 29 from 10-2:00PM at RHAM High School



Jenn noted there is a sign up on the Prevention page and volunteers are needed.

Possibility of a public forum / legalization of marijuana and retail establishment - Tressa

Tressa noted the Hebron BOS brought to her attention that in the future there may be a public forum regarding dispensatory businesses being brought into the community. He wanted to give AHM the opportunity to gather information regarding the effects this would have on youth and prepared to speak about the topic/have information available to share with the community.

Meeting dates for 2022-2023

Meeting dates have been distributed to coalition members

Adjourn

The meeting adjourned at 4:50 PM.

Respectfully Submitted,

D. Pearson