

AHM Coalition for a Healthy Empowered Community (CHEC) Parent Survey Results

March 2021

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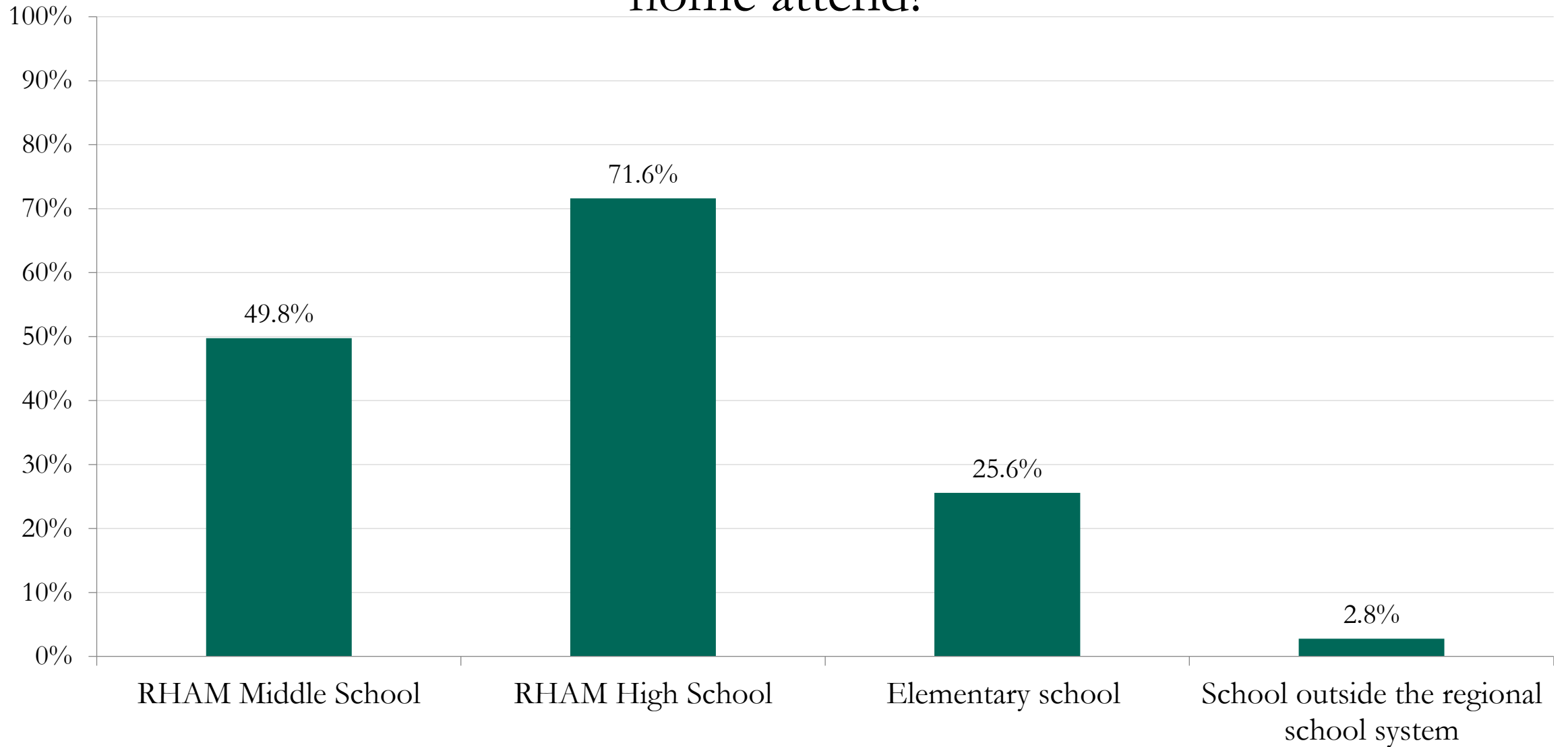
Background

- In March 2021, Andover, Hebron, Marlborough (AHM) Youth & Family Services' Coalition for a Healthy Empowered Community (CHEC) implemented an online survey disseminated via RHAM schools' e-mail lists to parents/guardians and AHM's social media posts.
- The purpose of the survey was to gather information from adults in the community to better plan for and implement alcohol and other drug prevention programming, as well as to better understand the impact of the COVID-19 pandemic.

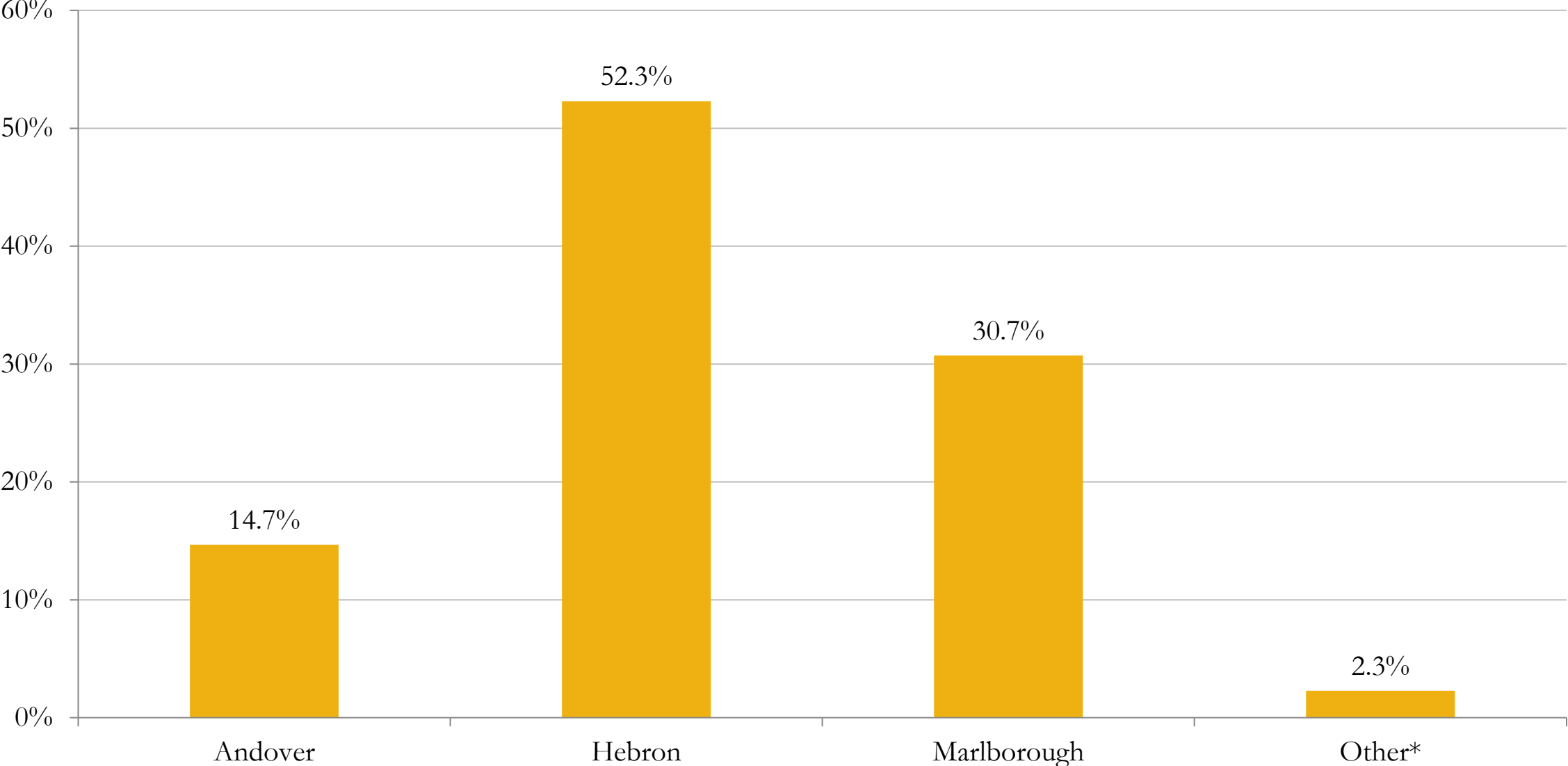
Survey Timing and Sample

- March 2021
- 216 participants, 98.6% parents, 1.4% grandparents
- 99.1% of participants have children, ages 5-18, living in their home

What school does the child/children who live in your home attend?

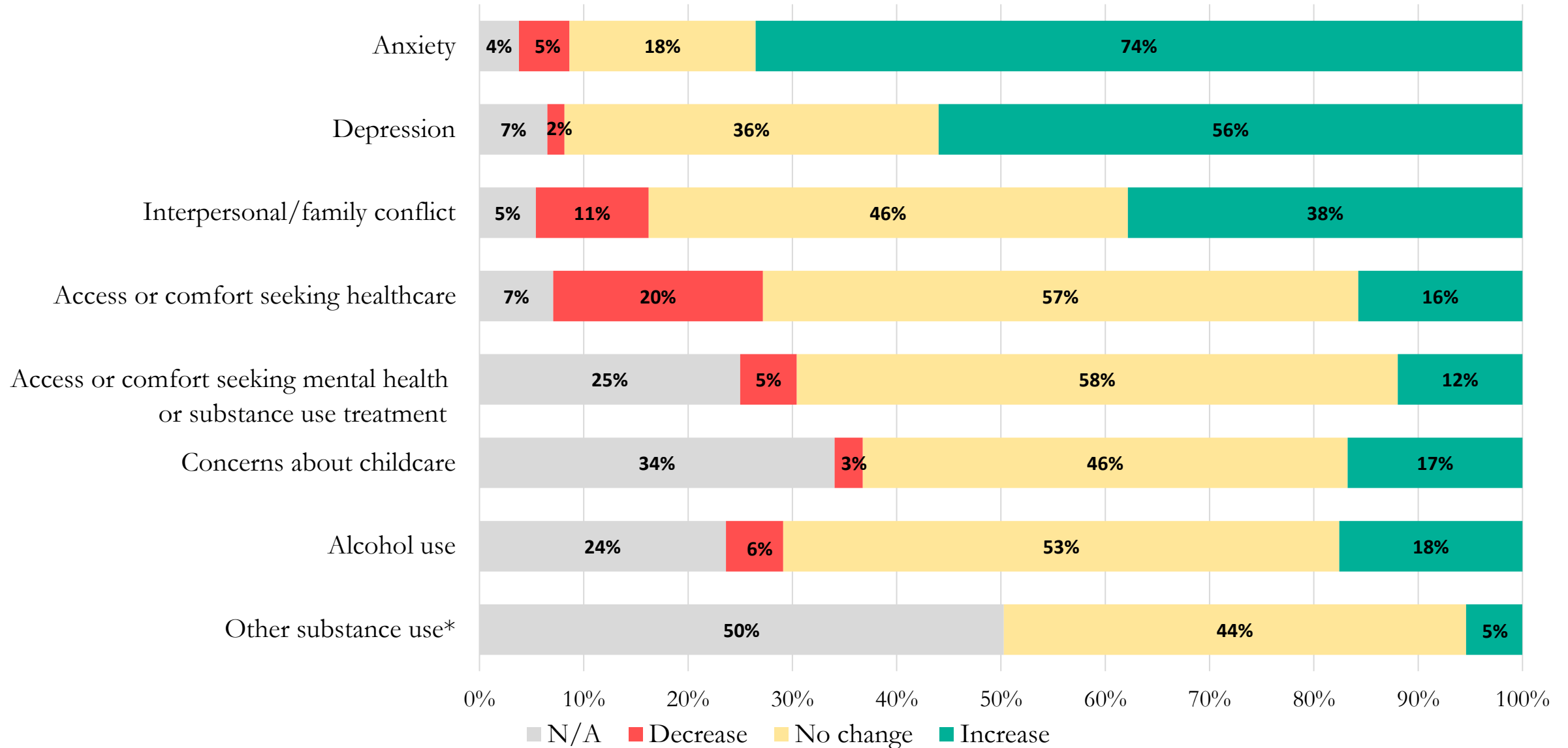


The community I live in is:



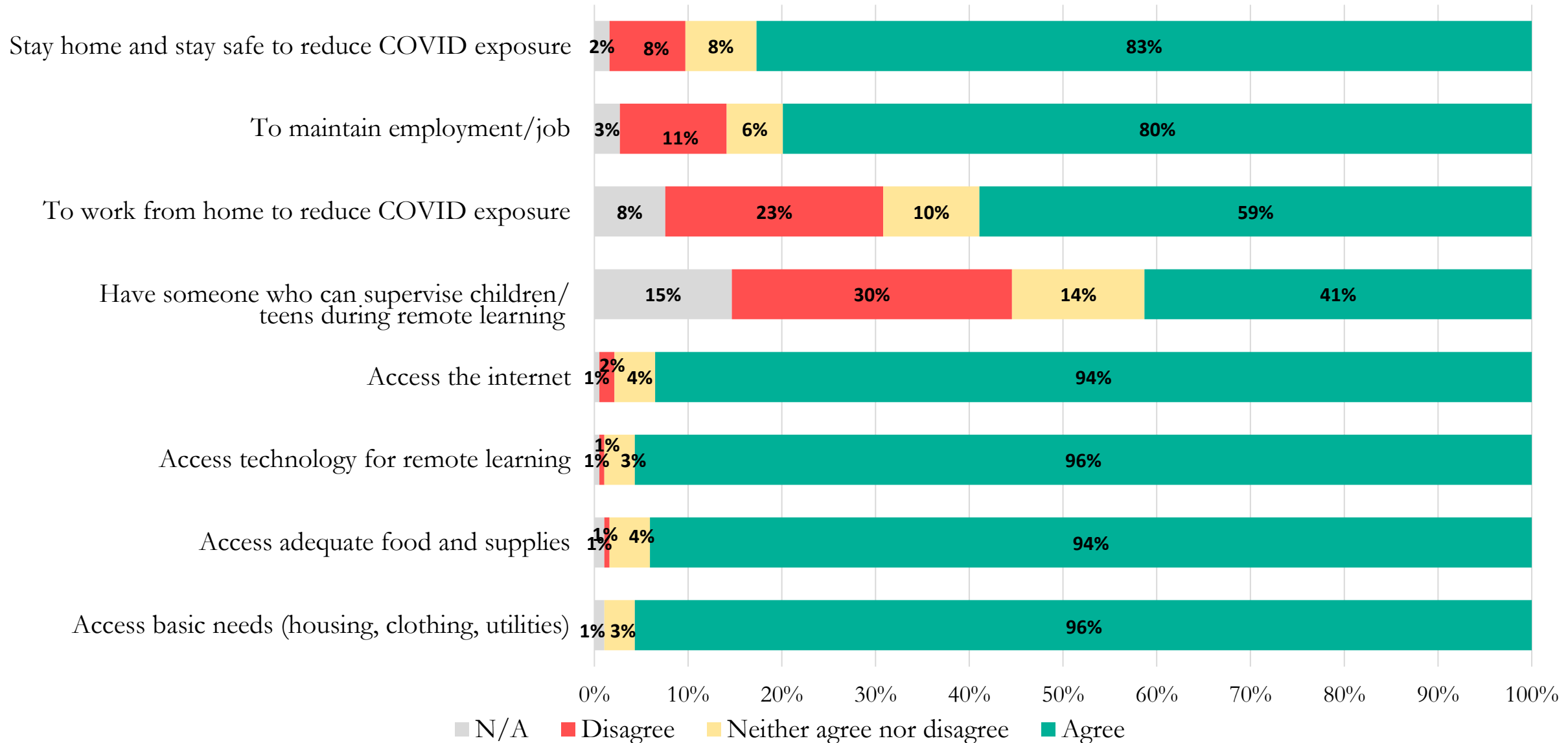
*Other responses included: Cromwell, Wethersfield, Tolland, Rocky Hill. Responses indicating “Amston” have been combined with Hebron.

In what ways has the COVID-19 pandemic affected your behaviors and wellbeing?



*ie. marijuana/THC, prescription drug misuse etc.

Level of agreement with the following: My family and I have had the ability to do the following during the COVID-19 period of social isolation...



Based on your knowledge of the community, from the choices below, please rank your top concerns regarding youth with 1 being of most concern.

1

Mental Health Concerns (ie. loneliness, depression, suicide anxiety)

2

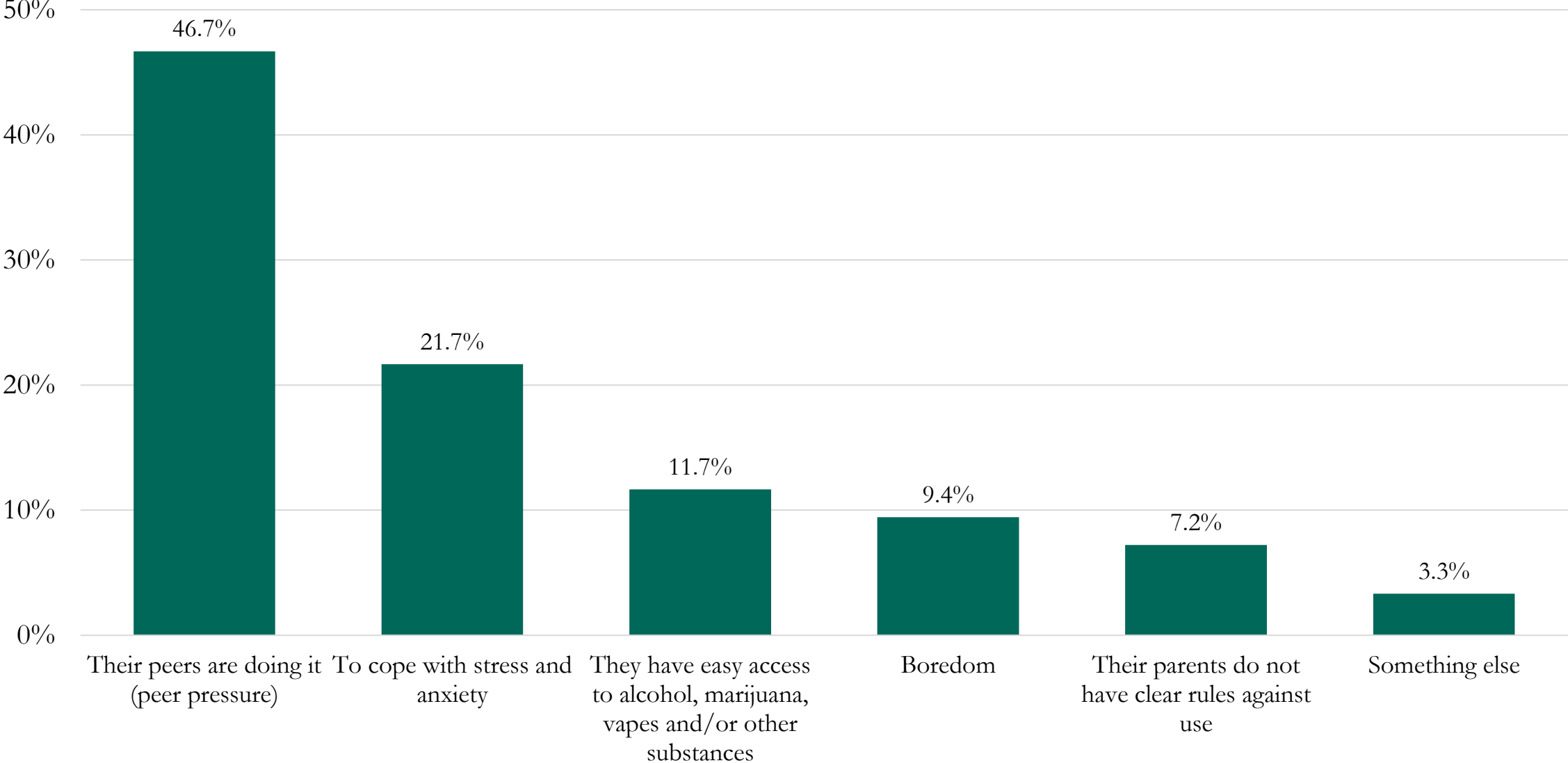
Alcohol/Underage Drinking

3

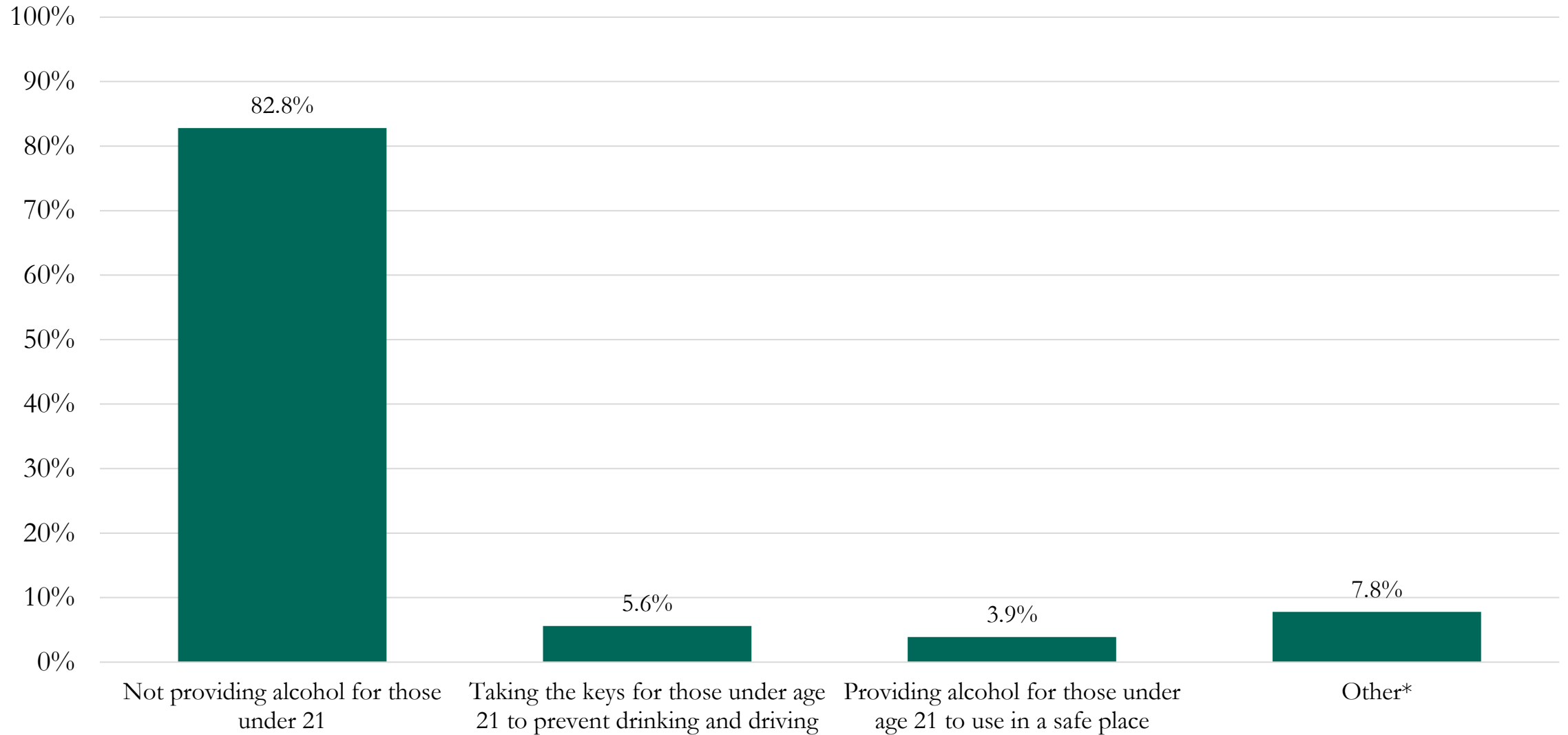
Marijuana/THC

E-Cigarettes/Electronic Nicotine Delivery Systems (ENDS)

Based on what you have seen and heard in the Andover, Hebron and Marlborough communities, what is the primary reason that youth, ages 10-18, use alcohol and other drugs?

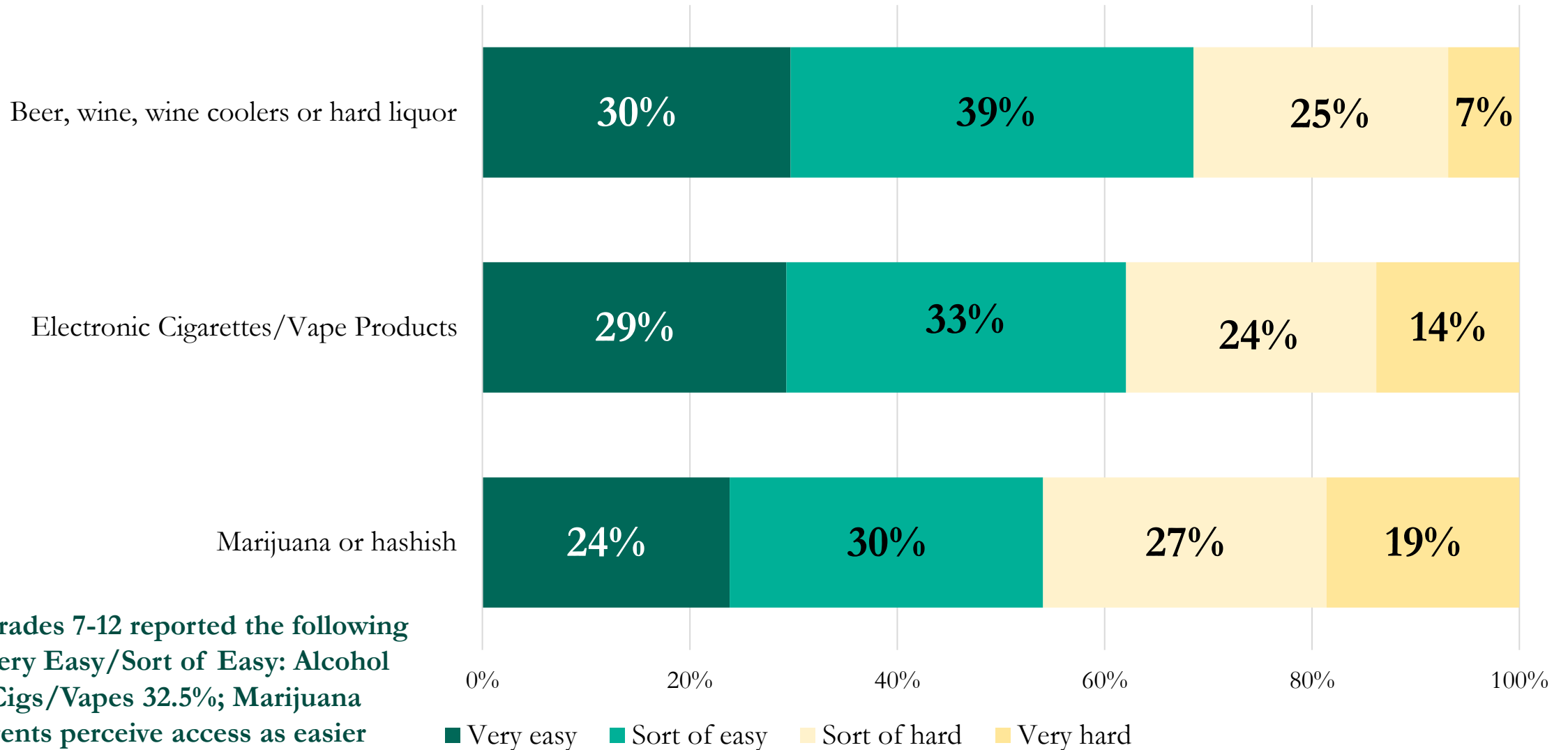


What do you think is the safest decision regarding underage drinking?



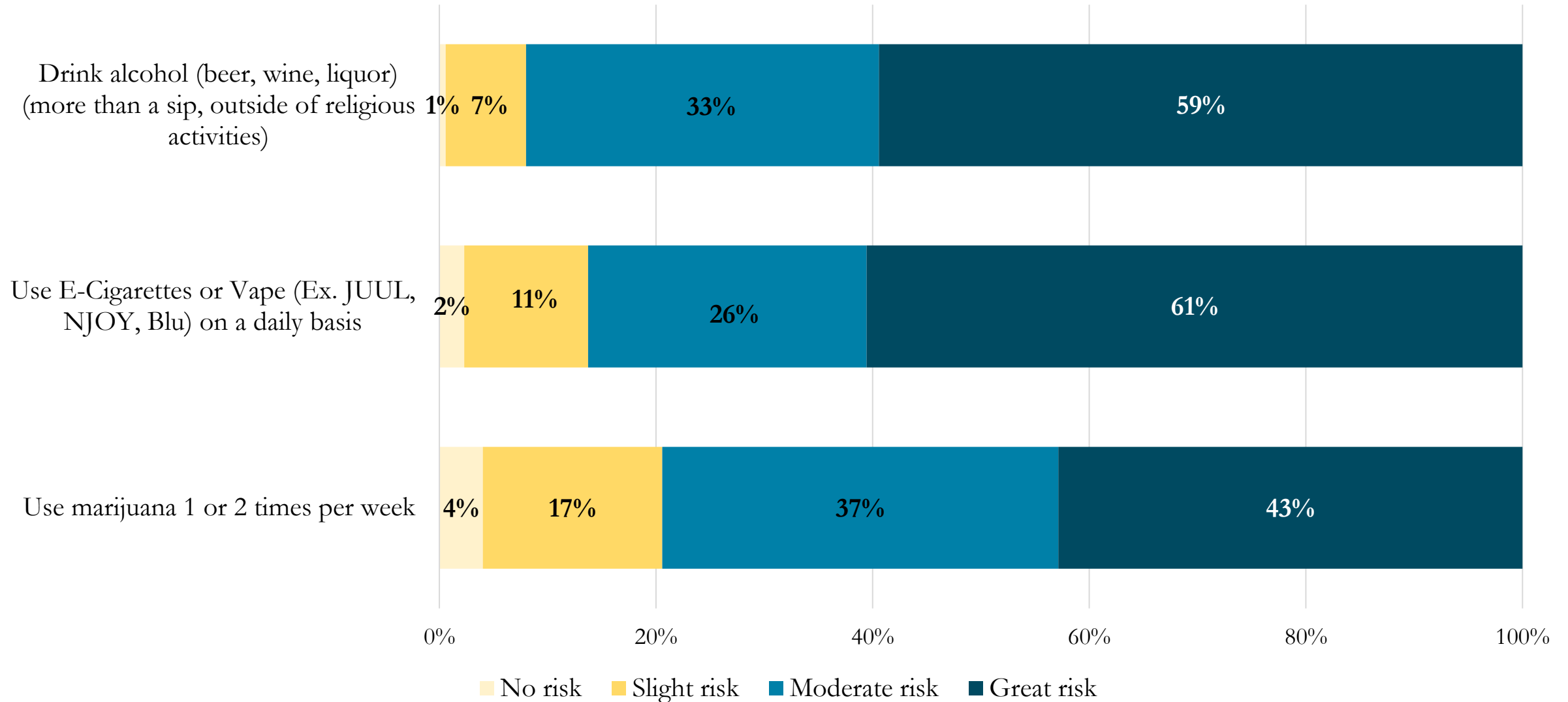
*Other responses included: Open communication (3), Education on negative side effects (3), Role modeling- don't drink in front of youth (2), more strict parenting, hold adults financially/legally responsible, parent/child addiction counseling, call trusted adult for safe ride, spend more quality time with children, keep kids busy/away from people who use, have kids sleep over instead of driving

If they wanted to, how easy would it be for school age children, ages 10-18, to get the following?

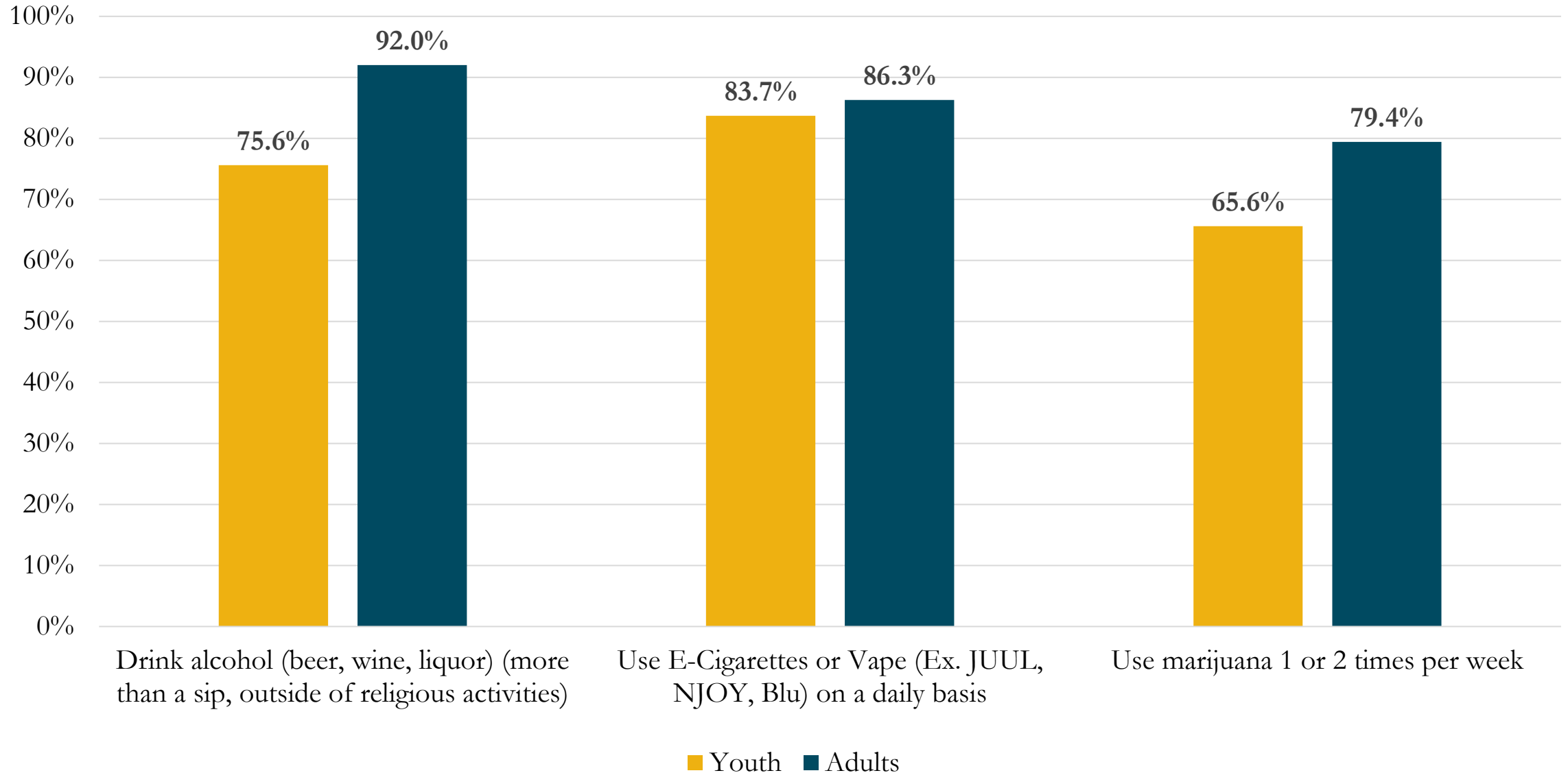


Youth in grades 7-12 reported the following as being Very Easy/Sort of Easy: Alcohol 47.9%; E-Cigs/Vapes 32.5%; Marijuana 24.6% -Parents perceive access as easier than youth do.

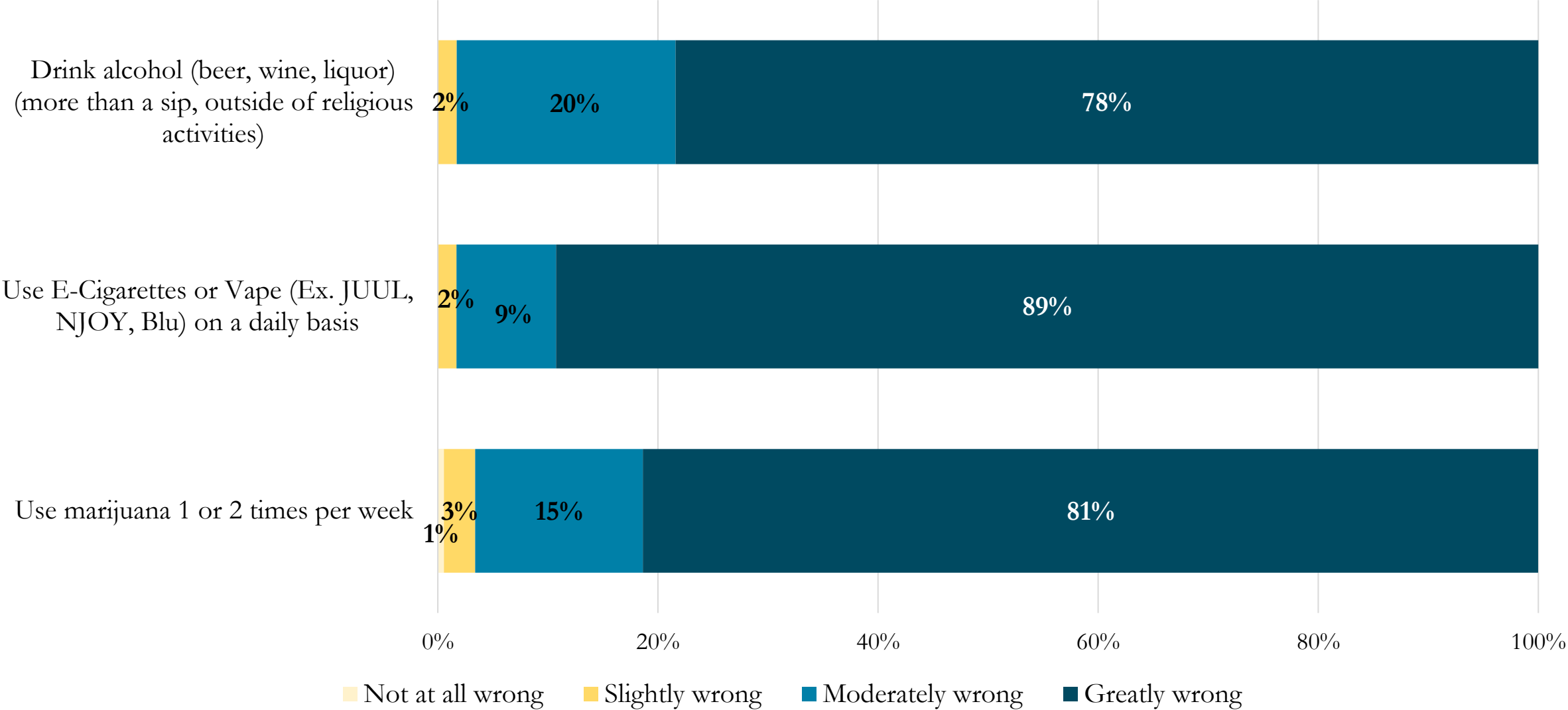
How much do you think youth ages 10-18, risk harming themselves physically or in other ways when they do the following?



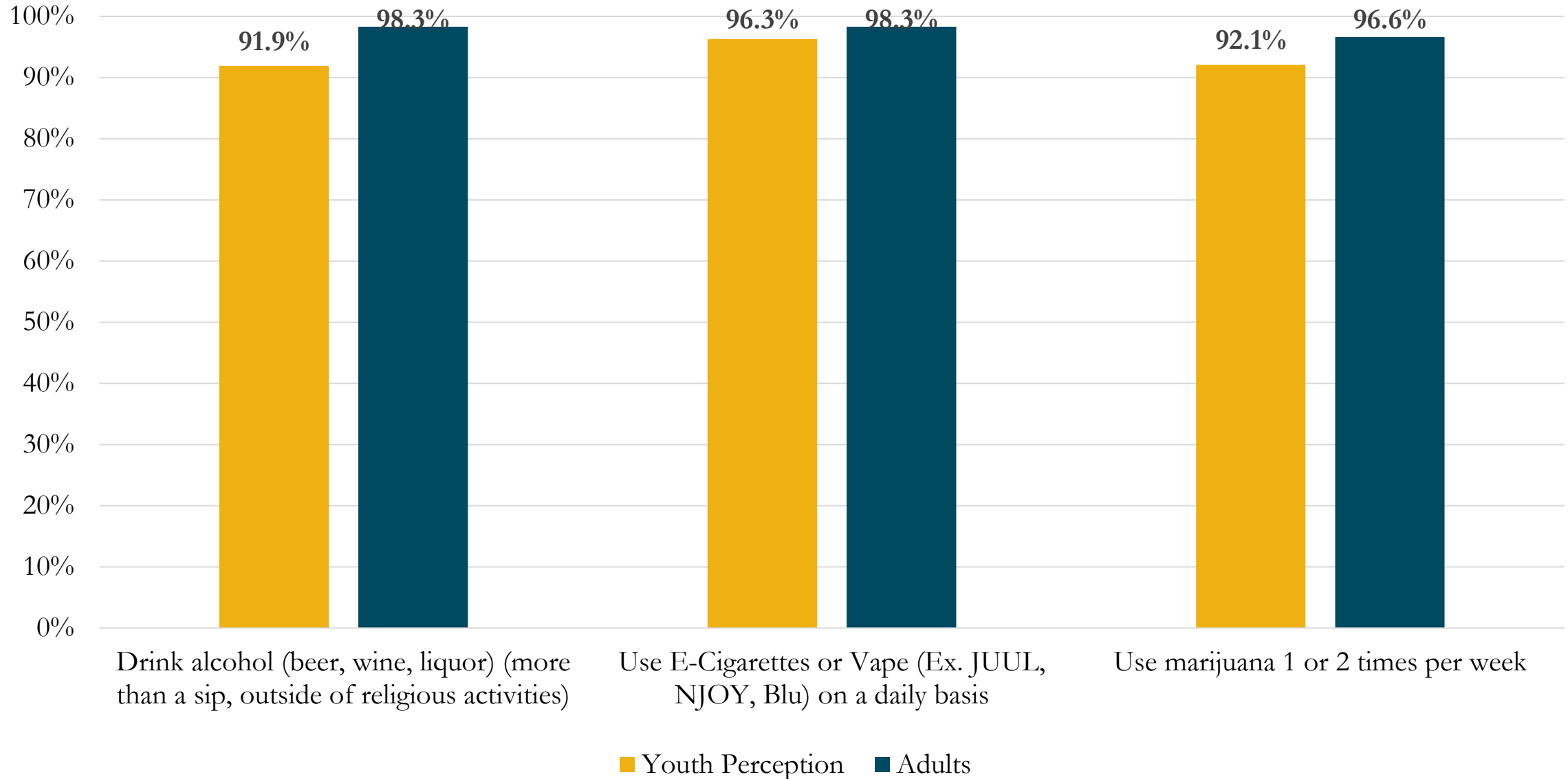
Perception of Moderate/Great Risk AHM Youth (Grades 7-12) vs. Adults



How wrong do you think it would be for your child/ren, ages 10-18, to do the following:



Parental Disapproval (How Wrong?) vs. Youth (Grades 7-12) Perception of Parental Disapproval (How wrong?)



Please select the image(s) that represent prevention message(s) you have seen before. (Select all that apply)

Parents Who Host Lose the Most



Sticker- Don't provide to minors

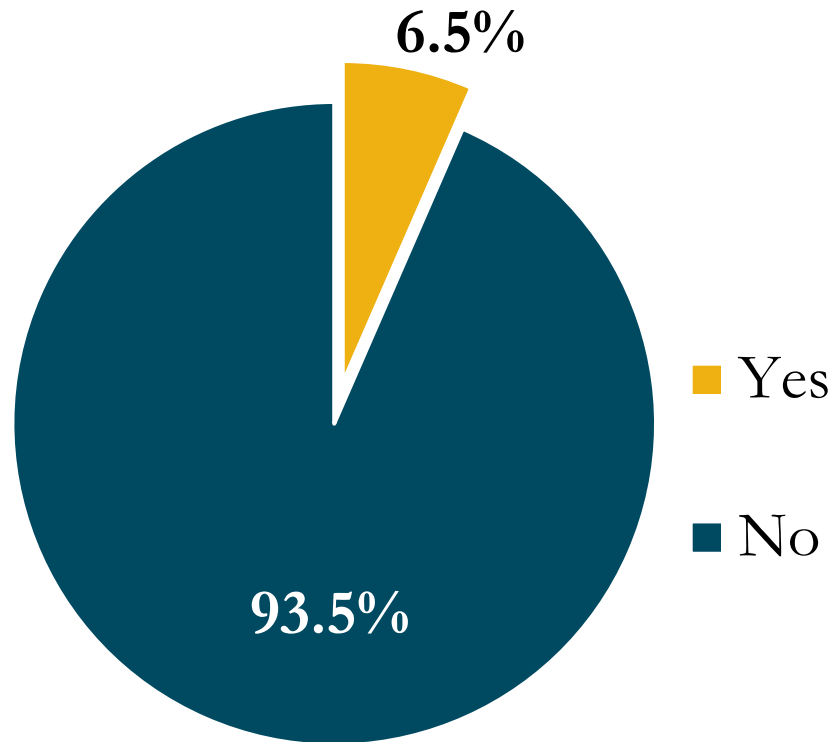


Opioid Prevention



0% 20% 40% 60% 80% 100%

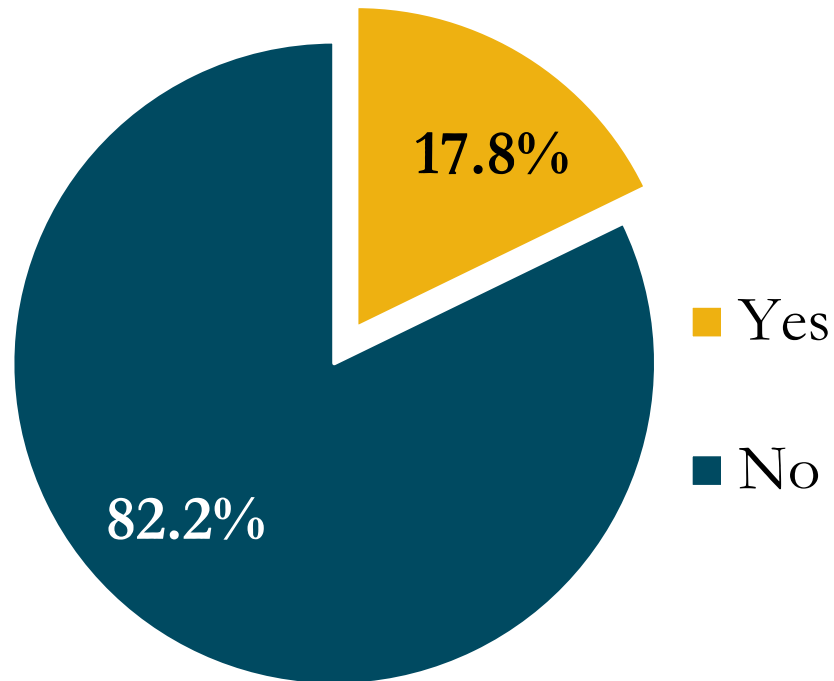
Have you heard of the AHM Coalition for Healthy Empowered Community (AHM CHEC)?



If yes, where?

- Friends
- Email

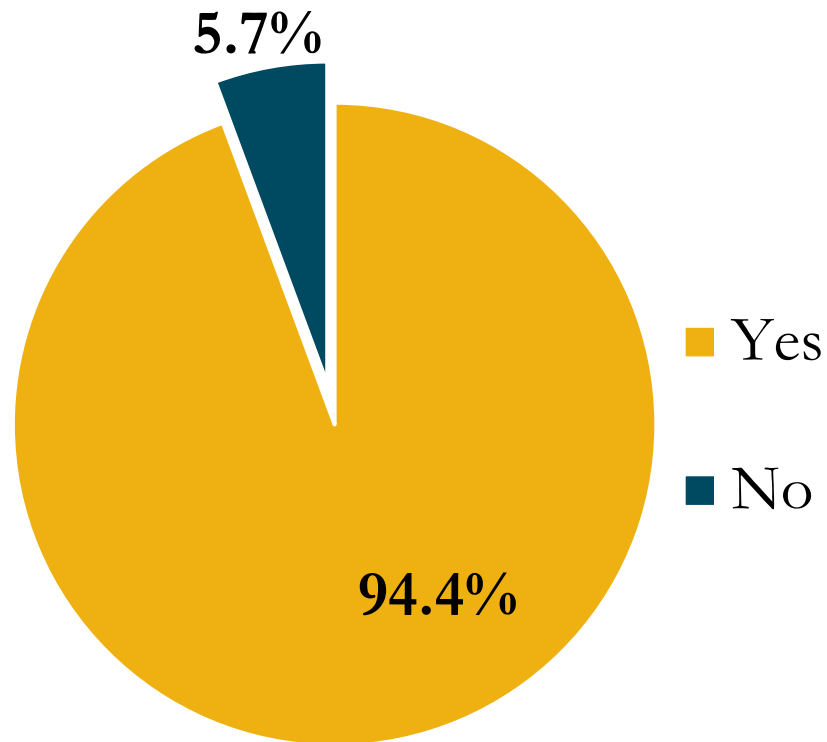
Did you know that there is a youth committee called RALLY (Regional Activities Leading Local Youth)?



If yes, where did you hear about the committee?

- Child participated (4)
- School (6)
- Rivereast
- Board member
- Staff
- AHM event

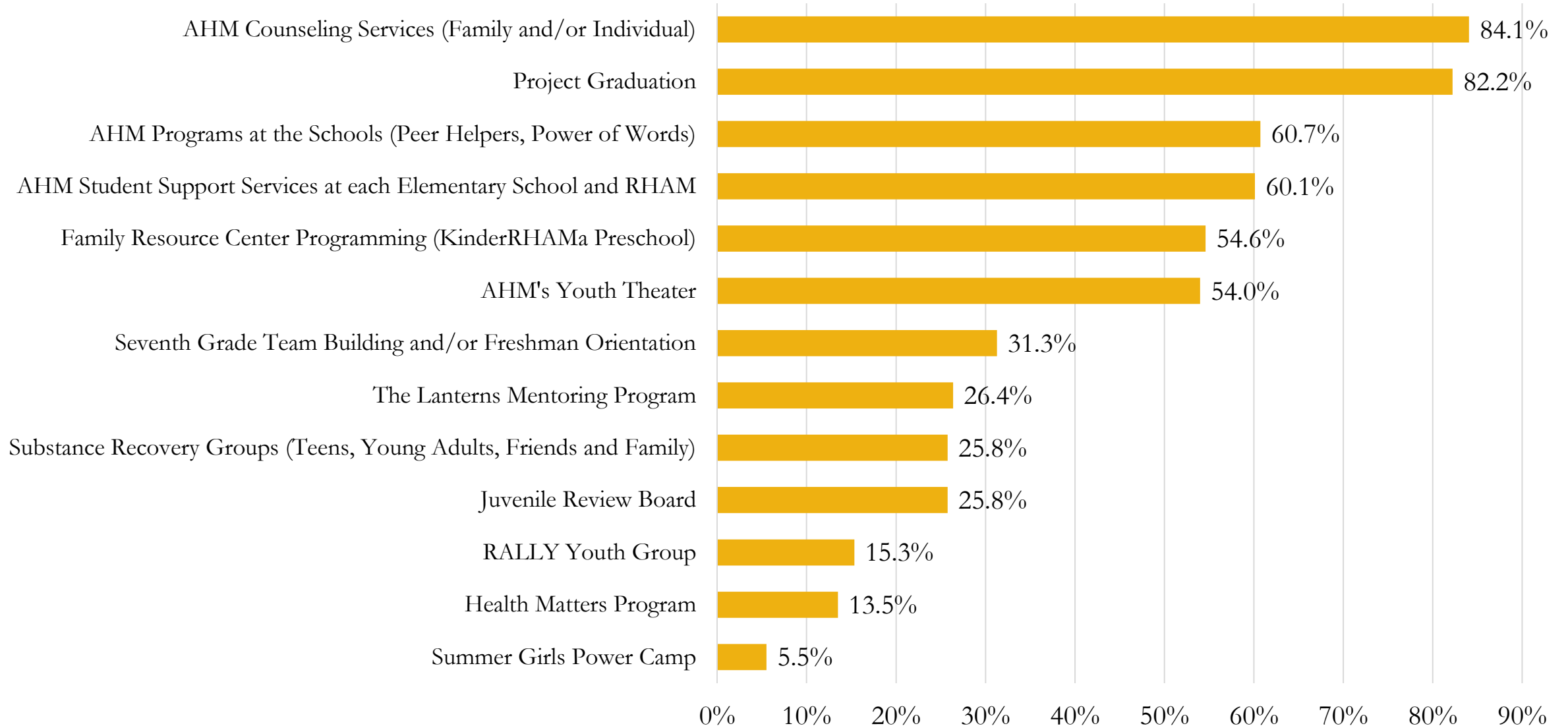
Andover, Hebron and Marlborough Youth and Family Services provides services that assist children, young people and their families from the Andover, Columbia, Hebron and Marlborough communities. Before today, had you heard of AHM Youth and Family Services?



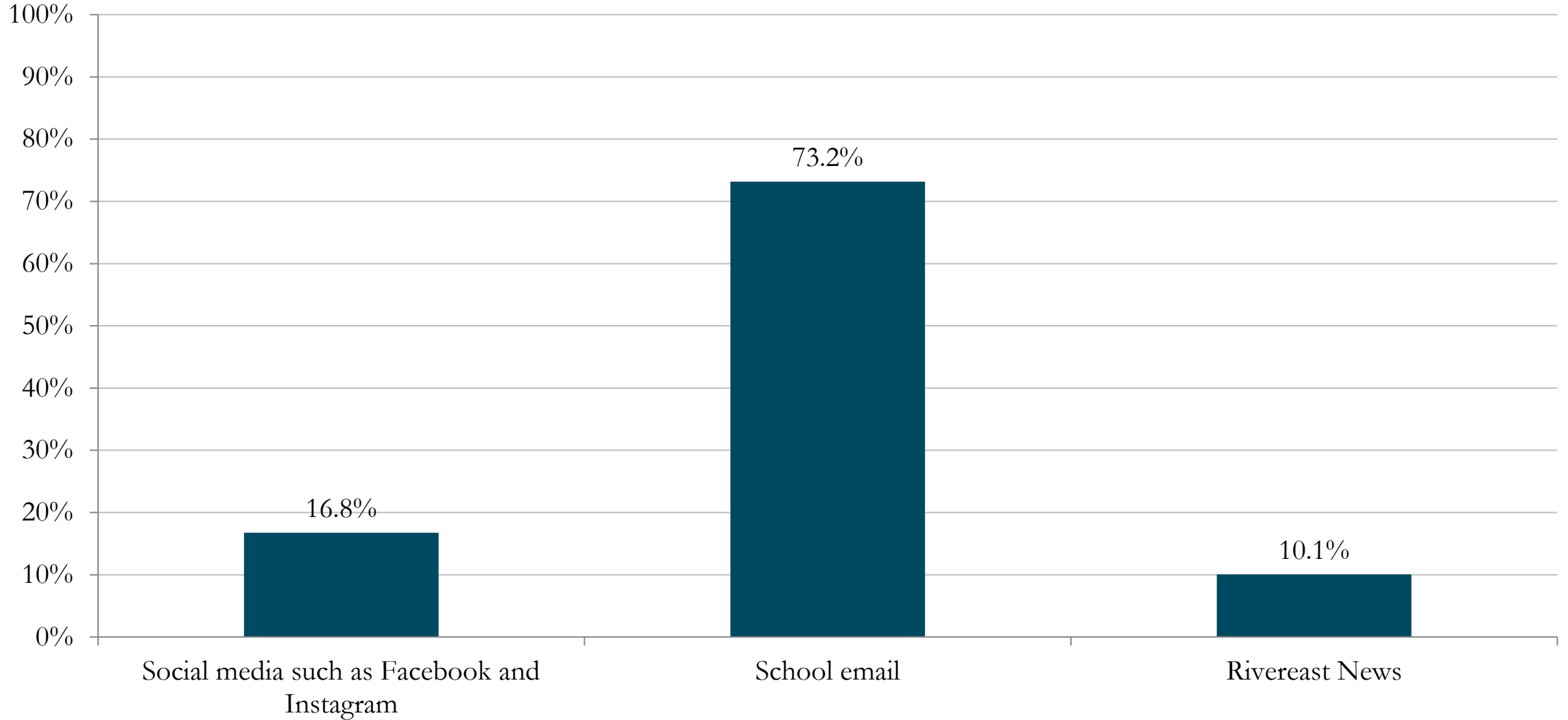
If yes, where?

- School, school email (53)
- Newspaper (21)
- Community (ie. Church, local business, other community orgs) (20)
- Participate in programs (20)
- Social media, website (12)
- Friends/family (5)
- Utilized AHM therapy (4)

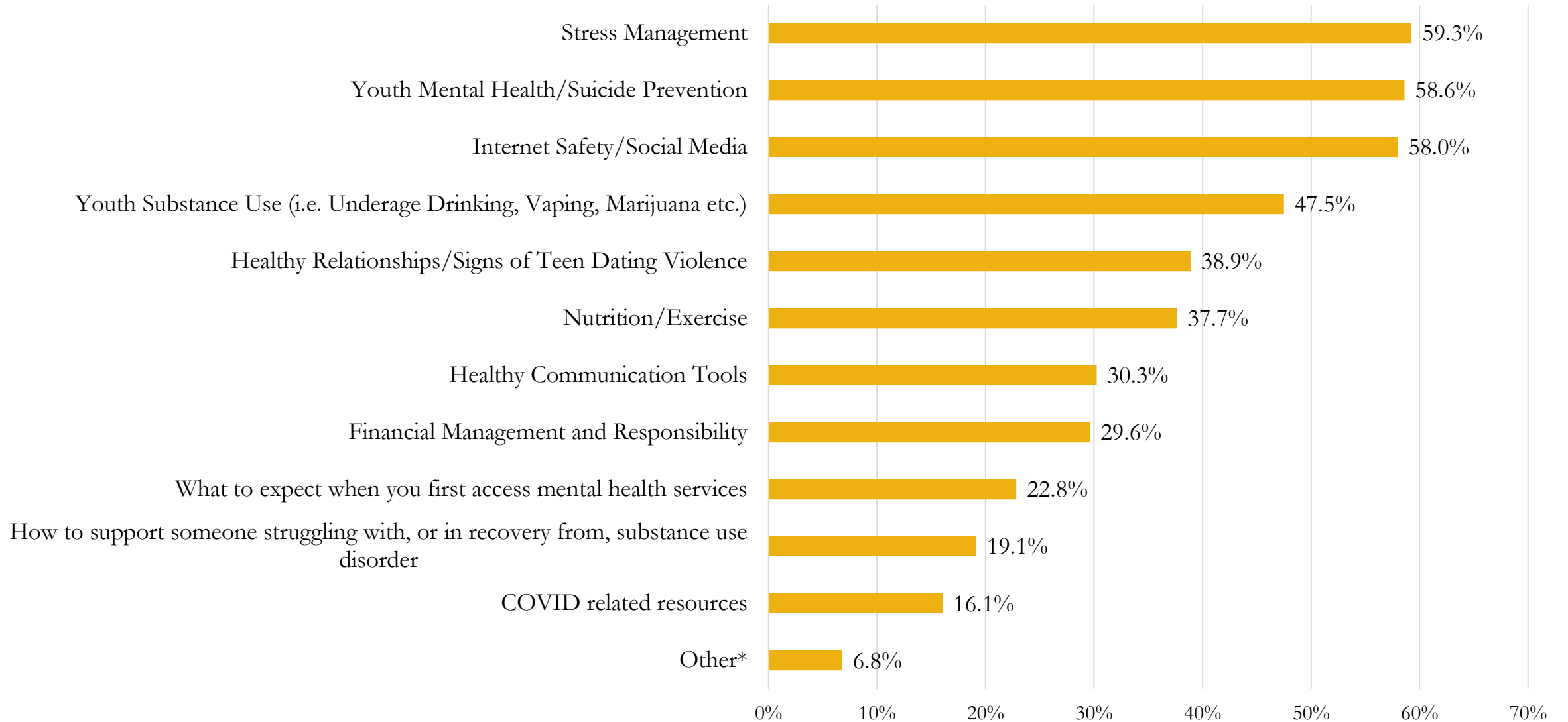
Please select the AHM Programs you were aware of before today: (Select all that apply)



Where would you prefer to access information about community substance abuse concerns and related issues?



What topics would you be interested in learning more about related to youth wellness? (Select all that apply)



*Other responses included: How to access mental health services (2), **reliance** on social media (3), more social groups for youth, job opportunities, teen driving issues, respect/boundaries for females, more education on fitness supplements/pre-workout