



# CHOREs PROGRAM

## SENIOR AGREEMENT

The CHOREs Program is coordinated by AHM Youth & Family Services and funded by a grant from the NCAAA (North Central Area Agency on Aging) and donations from Saint Peter's Episcopal Church in Hebron, the Marlborough Congregational Church in Marlborough and along with private donations and direct support services from AHM Youth & Family Services. The purpose of the CHOREs Program is for teenagers to help senior citizens who live in the towns of Andover, Hebron and Marlborough with chores within their home and in the yard.

### Program Overview

- Senior contacts the AHM CHOREs Coordinator to inform of the job opportunity.
- Each job will be up to but no longer than 2-hours.
- Seniors must be at the residence the entire time the Teens are scheduled to work.
- Communication with the CHOREs Coordinator is done by calling or emailing during office hours:
  - Monday – Thursday 9:00AM – 5:00PM, and
  - Friday 9:00AM – 2:00PM
- If you need to cancel a job, contact the CHOREs Coordinator.

### Vehicles and Equipment

- Teens are responsible for finding their own transportation to the senior's residence.
- AHM will not furnish equipment, tools, and materials used to provide the services required.

## **For the Safety of our Teens**

- Teens are not allowed to use bleach or pesticides.
- Teens are not allowed to use any type of power equipment like lawnmowers, chainsaw, leaf blowers or wood chippers.
- Teens are not allowed to install or remove air conditioning units.
- Teens are not allowed clean ovens or microwaves.
- Teens are not allowed to lift anything over 40 pounds.
- Teens are not allowed to scrape paint.
- Teens are not allowed to use ladders over 5 ft.
- Teens are not allowed to use construction or demolition equipment.

## **Scheduling**

- All jobs received by seniors will be posted within 24 hours to the CHOREs Teen Network.
- Once a Teen is recruited to do job, CHOREs Coordinator will communicate with senior and teen to determine a mutually agreed upon day and time to complete the work.
- If the Teen is not able to keep commitment they are asked to try to find a replacement among the approved CHOREs Teen Network and to keep the CHOREs Coordinator informed of all activity.

## **Contract Job Agreements**

**By requesting jobs of the CHORE's Program, you agree to the following:**

- To kindly greet each Teen to let them know you are home.
- To be polite and use appropriate language.
- To never take pictures or video of Teens while they are on your property.
- To never accept gifts of any kind from the Teens.

## **AHM Contact Information**

CHOREs Coordinator

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