

# Andover Hebron and Marlborough Youth & Family Services, Inc.



## ANNUAL REPORT 2020

FROM OUR EXECUTIVE DIRECTOR

AHM is once again honored to be your Youth and Family Service Agency for the towns of Andover, Hebron, Marlborough and Columbia. Our dedicated staff and passionate board work all year to support from the youngest to the oldest members of our communities with a variety of events and programs. We continue to work closely with our schools, town administrators and other local organizations to provide a level of unmatched support.

The year 2019-2020 has been one of our most challenging as the Covid-19 pandemic forced us to look at our service approach in an entirely new way. Due to the resilience, creativity, and dedication put forth by our staff and board, AHM was able to continue offering our programs and events through telehealth services, virtual platforms, newly created digital and on-demand content, and direct contact to our youth, families, young adults and seniors by phone.

We are grateful for our dedicated donors, funding partners and volunteers that help to bring the AHM mission to life each and every day, this year has been no different. Despite a global pandemic, our supporters have been committed and we thank you for your time, talent, and financial gifts that have impacted so many lives this year.

Through these uncertain times, AHM has strengthened our relationships with Town Leaders, School Administrators, Town Task Force committees, local networking groups, Schools, Police and statewide organizations. These collaborations have brought us together during our community's time of need and will continue to grow as we serve you all because WE ARE HERE FOR YOU!

Sincerely,  
*Tressa Giordano*  
Tressa Giordano  
Executive Director



## WE ARE HERE FOR YOU!

WHO MAKES IT ALL HAPPEN!

### AHM'S CURRENT BOARD OF DIRECTORS

#### Executive Board of Directors

President ..... Steven Fish  
Vice-President ..... Kristen Kania  
Treasurer ..... Brendan Shea  
Corresponding Secretary ..... Joleen Yorio  
Immediate Past President .. Peter Yorio  
Member at Large ..... Kay Corl  
Member at Large ..... Robert McBair  
Secretary ..... Paulette Adams

#### Directors

Charles Daniels	Brenda Bula
Denise Esslinger	Bill Sudol
Denis Killeen	Allyson Schmeizl
Denise Morell	Marcia Tecca
Ed Skopas	John Gasper
Sara Tarca	Gayle Mulligan

#### Youth Directors

Christina Leshak	Madeline Kotsios
------------------	------------------

### AHM'S STAFF

#### Administration

Executive Director ..... Tressa Giordano  
Director, Finance & Operations.... Yara Ford  
Fund Development Director ..... Joel Rosenberg

#### Administrative Support

Office Manager ..... Lisa Reeve  
Clinical Administrative Asst ..... Katherine Graham  
Human Resource Specialist ..... Lauren Davids  
Finance Assistant ..... Jennifer Greene  
Design & Marketing Specialist .... Deborah Walls

#### Clinical Program

Clinical Director ..... Megan Aldridge  
Family Therapist ..... Lauren Scharn  
Family Therapist ..... Vicki DeVeau

#### Student Support Services

Andover Elem School ..... Cheri Rivard-Lentz  
Marlborough Elem School ..... Michele Thorn  
Gilead Hill Elem School ..... Bethany Wolff  
Hebron Elem School ..... Lauren Scharn  
Horace W. Porter School ..... Cheri Rivard-Lentz  
RHAM Middle School ..... Bethany Stuck  
RHAM High School ..... Ryanne Gatti

#### Family Resource Center

FRC Program Coordinator ..... Rebecca Murray  
Mentoring Facilitator ..... Jahna Sieckowski  
Parent Educator ..... Jahna Sieckowski  
Preschool Teacher ..... Cari Duigou  
Preschool Teacher ..... Heather Holbrook

#### Prevention Services

Prevention Coordinator ..... Brendan Grimm  
Project Graduation & Health Matters Coordinator .... Jennifer Boehler



The following is a sampling of program participation and community outreach that AHM has accomplished this year.

OUR REACH



**Positive Youth and Family Development**

Theater Programming	401
Power of Words	528
Lanterns Mentoring	58
Family Resource Center (including KinderRHAMA preschool)	774
Rally Youth Group	14
CHOREs/TASKs (for Seniors)	73

**Community Outreach**

Senior Breakfast/Senior Support	159
Local Community Events	1090
AHM Family & Community Events	380
Information & Referral Services	364
Amount awarded for Scholarships, Mental Health Aid, Support for local food pantries	\$8,666
<b>Virtual &amp; Digital Outreach (since March 2020)</b>	
New educational and informational videos created	52
Number of views on our highest engaged post in 2019-2020	1,700
Number of FaceBook & Instagram posts created March 2020-June 2020.	1820

**Prevention/Intervention**

CHEC Coalition Events	505
Project Graduation	256
Juvenile Review Board	38
Smart Recovery	12
National Drug Take Back Events	54
QPR & Narcan Training	41

**Mental Health**

Child/Youth/Family Counseling	131
Student Support Services K-12 Individual Counseling	230
Student Support Services K-12 groups and activities	1778

At the present time, 61% of AHM's budget comes from Charitable Contributions, Grants, and Fundraisers. The importance of local support from individuals, businesses, civic and faith groups cannot be overstated.

2019-2020 Financial Income and Expense Budget  
\$1,438,905

Connect with us and stay on top of all that AHM has to offer!



- Andover, Hebron, Marlborough Youth Services
- AHM Family Resource Center
- AHM CHEC



Follow us  
@ahmyouth



25 Pendleton Drive  
Hebron CT 06248  
(860) 228-9488

Visit our website at [ahmyouth.org](http://ahmyouth.org)