

Andover Hebron and Marlborough Youth and Family Services, Inc.



ANNUAL REPORT 2019

What our Communities have to say about AHM!

- “AHM helps children, teens and families overcome challenges, which is important in today’s world”
- “AHM’s board, staff and volunteers are always looking at new ways to provide services that matter”
- “AHM’s many different partners work together to make life better for our communities”

FROM OUR EXECUTIVE DIRECTOR

AHM is once again honored to be your agent for Youth Services for the towns of Andover, Hebron, Marlborough and Columbia. Our dedicated staff and passionate board for this public charity work all year to support youth and families with a variety of events and programs. We continue to work closely with our schools, town administrators and other local organizations to provide a level of support unmatched.

We are grateful for our dedicated donors and volunteers that help to bring the AHM mission to life each and every day. Your support of time, talent, and financial gifts changes lives!

During 2019, AHM went through a very detailed 3-year strategic planning process. With over 100 members from our communities participating in focus groups, we were able to construct a plan that aligns the needs, concerns, and wants of our four towns. Special thanks to the Hartford Foundation for Public Giving for funding this project.

As the new Executive Director of this agency, I am honored to have the opportunity to work with our amazing staff, board, and town leaders in ensuring that AHM delivers high quality programs and services to our youth and families. The future for AHM is exciting and bright!

Sincerely,
Tressa Giordano
Tressa Giordano
Executive Director



WHO MAKES IT ALL HAPPEN!

AHM'S CURRENT BOARD OF DIRECTORS

Executive Board of Directors

- PresidentSteven Fish
- Vice-PresidentKristen Kania
- TreasurerBrendan Shea
- Corresponding SecretaryJoleen Yorio
- Immediate Past President...Peter Yorio
- Member at LargeKay Corl
- Member at LargeRobert McBrair

Directors

- | | |
|------------------|------------------|
| Paulette Adams | Brenda Bula |
| Denise Esslinger | Bill Sudol |
| Denis Killeen | Allyson Schmeizl |
| Denise Morell | Marcia Tecca |
| Jeanne Worthen | Denise Morell |
| Ed Skopas | |

Youth Directors

- Christina Leshak

AHM'S STAFF

Administration

- Executive DirectorTressa Giordano
- Director, Finance & Operations...Nella Stelzner
- Fund Development DirectorJoel Rosenberg

Administrative Support

- Office Manager.....Lisa Reever
- Clinical Administrative AsstKatherine Graham
- Human Resource AssociateLauren Davids
- Finance Assistant.....Jennifer Greene
- Fundraising AssociateDeborah Walls
- Evening ReceptionistDiane Kane

Clinical Program

- Clinical DirectorMegan Aldridge
- Family TherapistLauren Scharn

Student Support Services

- Andover Elem School.....Cheri Rivard-Lentz
- Marlborough Elem SchoolMichele Thorn
- Gilead Hill Elem SchoolLauren Scharn
- Hebron Elem SchoolLauren Scharn
- Horace W. Porter SchoolCheri Rivard-Lentz
- RHAM Middle School.....Nikki Knight
- RHAM High School.....Didi Crowley

Family Resource Center

- FRC Program CoordinatorRebecca Murray
- Mentoring FacilitatorJahnna Sieckowski
- Parent EducatorJahnna Sieckowski
- Preschool TeacherCari Duigou
- Preschool TeacherHeather Holbrook

Prevention Services

- Prevention CoordinatorBrendan Grimm



6259 ←

number of visits from Andover, Hebron, Marlborough & Columbia residents who received our services this past year! AHM also responds to over 260 calls per year assisting families in crisis. AHM serves as a human service clearing house for referring families to help within our 4 towns. The following is a sampling of program participation.

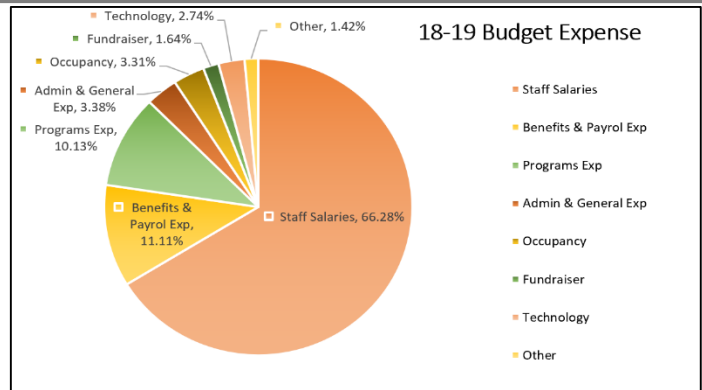
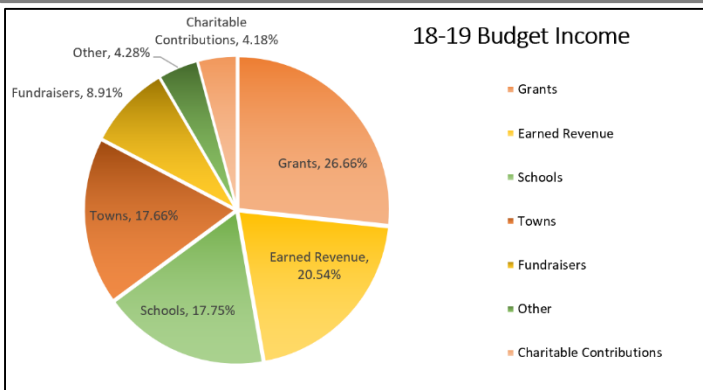
Positive Youth Development	
7 th Grade Team Building	286
Child Development & Psych. Students	75
Freshman Orientation	208
Garden Club	14
Girl Power Camp	11
Lanterns Mentoring & Celebrations	58
Social Skills/Friendship/Kindness Groups	727
Nature and Adventure Day	464
Peer Helpers-High School	67
Peer/Playground Mentors-Elementary	64
Power of Words- Junior/Middle School/ High School	584
Power of Words Leadership Team	12
Summer Youth Theater Participants	35
Summer Youth Theater Audience	452
Family Fest	161
Chores/Tasks	158
No One Eats Alone Day	395

Intervention	
Individual & Family Therapy	32
Individual In School Counseling/Case Management-Elementary	107
Individual In School Counseling/Case Management- Middle School	41
Individual In School Counseling/Case Management-High School	54
Juvenile Review Board (includes board members)	48
Smart Recovery Teen & Friend/Family	11

Prevention/Support	
CHEC Coalition	20
Parent Talk Series	39
FRC Enrichment Programs	287
FRC Field Trips	164
FRC Home Visits/Screenings	33
FRC Kinder-RHAMA Preschool	25
FRC Parent & Provider Workshops	99
FRC Play & learn Groups	135
FRC Home Alone Program	30
Human Growth & Development Workshops	26
Prevention Training-RHAM Middle & High School	850
Project Graduation	106
Rally Awareness Group	25
Mental Health First Aid	21
Peace at Home	36
Take Back Events	91
Screenagers Movie and Discussion	16



2019 Financial Income and Expense Budget
\$1,407,535.00



At the present time, 60.3% of AHM's budget comes from Charitable Contributions, Grants, Earned Revenue and Fundraisers. The importance of local contributing support from individuals, businesses, civic and faith groups to this public charity cannot be overstated. Thank you to all of our volunteers and donors who have supported the work and mission of AHM this past year. We couldn't have done it without you!

Connect with us and stay on top of all that AHM has to offer!



- Andover, Hebron, Marlborough Youth Services
- AHM Family Resource Center
- AHM CHEC



Follow us
@ahmyouth



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Visit our website at ahmyouth.org