



**Kate Graham, AHM Chores Facilitator**  
**(860) 228-9488**

If you would like to support this wonderful program,  
or would like to provide us with your feedback,  
please call us at:

AHM Youth & Family Services at (860) 228-9488  
or visit our website at: [www.ahmyouth.org](http://www.ahmyouth.org)

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**A Partnership with:**

**AHM Youth & Family Services**  
**Andover Senior Services**  
**Hebron Senior Services**  
**Marlborough Senior Services**

# Welcome to the AHM Chores Work Program!



Through a partnership with local teens and senior citizens, we are able to match the skills of youth workers to the needs of our senior community. Young people learn important lessons such as; time management, and communication skills, while developing and showing neighbors their compassionate service to the community where they reside! The teens are paid to perform light housekeeping, yard work and even computer support at absolutely no expense to you!

## SENIOR CITIZENS - Need Help?

- Is your yard overwhelming you? Could you use a helping hand to rake those leaves?
- Are the dust bunnies taking over your house?
- Your granddaughter graciously bought you a computer, but you're not quite sure how to use new technology?



There are guidelines for eligibility and the staff at the Senior Service Centers in Andover, Hebron and Marlborough are available to answer your questions.

**Senior citizens should contact one of the following persons from the town in which you reside to register:**

### **Andover: Cathy Palazzi**

Andover Senior Coordinator  
Phone: (860) 916-6122 or Email: [nanasworld@comcast.net](mailto:nanasworld@comcast.net)

### **Hebron: Sharon Garrard**

Hebron Senior Services Director  
Phone: (860) 228-1700 or Email: [sgarrard@hebronct.com](mailto:sgarrard@hebronct.com)

### **Marlborough: Vi Schwarzmans**

Marlborough Senior & Human Services Director  
Phone: (860) 295-6209 or Email: [socialservices@marlboroughct.net](mailto:socialservices@marlboroughct.net)

## TEENS - Looking for Work?

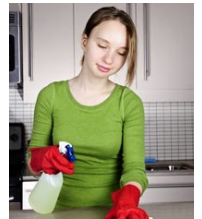
Teens can work for up to two hour shifts at a senior's home, up to 10 hours per week. Teens should have their own transportation and be serious about working and earning wages.

Teens are employed by AHM Youth & Family Services. This program is made possible through grants from NCAAA (North Central Area Agency on Aging), the New Alliance Foundation, Church of the Holy Family, Marlborough Congregational Church and St. Peter's Episcopal Church; in partnership with Andover, Hebron and Marlborough Senior Services.



## Who Can Apply?

Teens who are 14 through 19 years of age can apply to work in the CHORES program. Working papers will be needed for ages 16 or older & all teens will be paid minimum wage.



**To register for work call:  
Kate Graham at 860-228-9488  
or email: [kateg@ahmyouth.org](mailto:kateg@ahmyouth.org)**