



LOVED ONE USING? FEELING HOPELESS?

SMART Recovery®

Do you have a loved one who has problems with alcohol, drugs or compulsive behavior?

Attend a Family & Friends support meeting to learn how you can develop skills to help you cope and help your loved one choose recovery.

Sponsored by AHM Youth & Family Services, who's mission is to "provide mental health and positive youth development services that assist children, young people, and their families in creating a supportive and caring environment, for them to reach their maximum potential as members of society."

Tuesday's 6:30-8:00pm | Beginning February 20th

FREE Program with ongoing sessions • Facilitator: Shane Scott, LCSW

Held at AHM Offices:

25 Pendleton Drive, Hebron, CT 06248

860-228-9488 • www.ahmyouth.org

Serving families in the towns of Andover, Columbia, Hebron, Marlborough & Bolton.

DISCOVER THE POWER OF CHOICE! *CALL TO REGISTER: 860-228-9488*



This program is funded by the Connecticut Departments of Children and Families (DCF) and Mental Health and Addiction Services (DMHAS), with the support of the Substance Abuse and Mental Health Services Administration (SAMHSA) in collaboration with Wheeler Clinic.

