



I WANT  
MY LIFE  
BACK!

- » No longer “having fun”?
- » Are friends and family concerned?
- » Can't concentrate on school?
- » Feeling hopeless or out of control?

**Need Substance Abuse Recovery? We can help. We are SMART Recovery.®**

**Age: 16-18 Year Olds ~ FREE PROGRAM! ~ Facilitator: Shane Scott, LCSW**

**Groups meet weekly on Saturday's 11:00am | Session Starts Saturday, February 17th 2018**

**Held at AHM Offices: 25 Pendleton Drive, Hebron, CT 06248 - 860-228-9488 - [www.ahmyouth.org](http://www.ahmyouth.org)**

**\*Serving teens in the towns of Andover, Columbia, Hebron, Marlborough & Bolton**

**Group includes monthly fun activities, field trips & more!**

*This program is funded by the Connecticut Departments of Children and Families (DCF) and Mental Health & Addiction Services (DMHAS), with the support of the Substance Abuse and Mental Health Services Administration (SAMHSA), in collaboration with Wheeler Clinic.*



Wheeler



SMART Recovery®



**AHM**  
YOUTH & FAMILY SERVICES, INC.

**Call to register at 860-228-9488!**