



# Safe Home Alone Readiness Program

S.H.A.R.P.

For Children Ages 10 and up

This four-hour program prepares children to be safe when staying home alone by providing vital information. Through role-playing, speakers, and hands-on activities, children will learn basics of fire, medical and personal safety tips. Students who attend all three classes will receive a Certificate of Completion.

**Place:** AHM Building, 25 Pendleton Drive, Hebron

**Dates and Times:**

Monday, 11/19/18 from 5:00-6:30 PM

Monday, 11/26/18 from 5:00-6:30 PM,

Monday, 12/3/18 from 5:00-6:00 PM -Graduation, with the required attendance of a parent

**Cost:** \$45/child including materials, payable to AHM Youth and Family Services

**Registration is required.** Please fill out a registration form, available at [www.ahmyouth.org](http://www.ahmyouth.org) and mail it to AHM Youth and Family Services, Attn: Becky Murray, 25 Pendleton Drive, Hebron CT 06248 with a check made payable to AHM.

**About the Facilitator:** This program is taught by Mindy Johnston, the founder of Safety Education for Youth and Adults (SEYA). She has a B.S in Nursing, and has been an Emergency Medical Technician and Auxiliary State Trooper for more than 30 years. During the past 35 years, Ms. Johnston has instructed more than 3,300 boys and girls on baby-sitting safety. Recognizing the need for home alone safety education as well, Ms. Johnston developed the S.H.A.R.P. curriculum in 2011. She has appeared on Better CT and CT Style.

Please contact Becky Murray at (860)228-0871 or [beckym@ahmyouth.org](mailto:beckym@ahmyouth.org) with any questions.



