

# Andover Hebron and Marlborough Youth and Family Services, Inc.



## ANNUAL REPORT 2014



Dear Friends:

Welcome to the AHM Youth and Family Services Annual Report. This document is produced each year to provide a snapshot of our Youth Service Bureau and Family Resource Center departments.

If you are interested in learning more about AHM, please visit us online at [www.ahmyouth.org](http://www.ahmyouth.org). To stay up to date on special events, please "Friend" us on Facebook.

For the past thirty one years, our organization has served thousands of local children, teens, and adults through a comprehensive system of locally based mental health, juvenile justice, youth and family development programs. AHM is a regional non-profit organization that serves the communities of Andover, Columbia, Hebron and Marlborough. We have many community partners from municipal governments to the local schools, to the Connecticut State Police, Faith, Civic and Business communities. If you would like to learn more about AHM or to simply talk about ways you might get involved as a volunteer or supporter, please give us a call at 860-228-9488.

*Joel I. Rosenberg*

AHM's Executive Director, 1984-Present

### 6,109 visits

466

#### Intervention

Individual and Family Therapy	<u>113</u>
Juvenile Review Board	<u>24</u>
Psychiatric Evaluations	<u>15</u>
School Based Group Counseling	<u>65</u>
School Based Individual Counseling	<u>249</u>

3,725

#### Prevention

FRC Play and Learn**	<u>124</u>
FRC KinderRHAMa	<u>22</u>
FRC Home Visits**	<u>54</u>
FRC Field Trips and Family Events**	<u>629</u>
FRC Mentoring**	<u>66</u>
FRC Home Alone	<u>31</u>
Internet Safety Presentations	<u>459</u>
Parent /Community Presentations	<u>962</u>
Social Skills Classes	<u>773</u>
Suicide Prevention Presentation	<u>403</u>
Take Back Event	<u>202</u>

\*\* represents programs serving children and adults together

1,918

#### Positive Youth Development

CHORES and TASKS Work Programs	<u>79</u>
Elementary Leadership Programs	<u>76</u>
Freshman Orientation	<u>267</u>
Girl Power Camp	<u>16</u>
Peer Helpers	<u>44</u>
Power of Words	<u>662</u>
Project Graduation	<u>173</u>
7 <sup>th</sup> Grade Team Building Day	<u>274</u>
Summer Youth Theater	<u>60</u>
Teen Center	<u>267</u>

AHM: Your *Bridge* to the Community!

# What We Did

## Exceeded Fund Development Goals

- AHM's financial stability is the direct result of a "rock solid" base of support from our partnerships with local municipalities, service to our local schools and the contributions of the local business, faith and civic communities combined with investments from private and corporate foundations, (our organization has never been stronger).
- The AHM staff and board always have maintained the highest ethical standards when it comes to financial resources, (spending and generating revenue).
- We take seriously the public's trust and confidence in our ability to manage funds.
- It is that strong community partnership between the municipal and educational communities and AHM that directly impacts our success of service to local residents.
- Even with the economic challenges that continue to impact our State, AHM exceeded expectations in new and existing grants, fundraisers, private contributions and a number of new legacy contributions to the AHM Children's Trust Fund endowment, including the creation of a unique Community Mental Health Fund to assist local children and families.

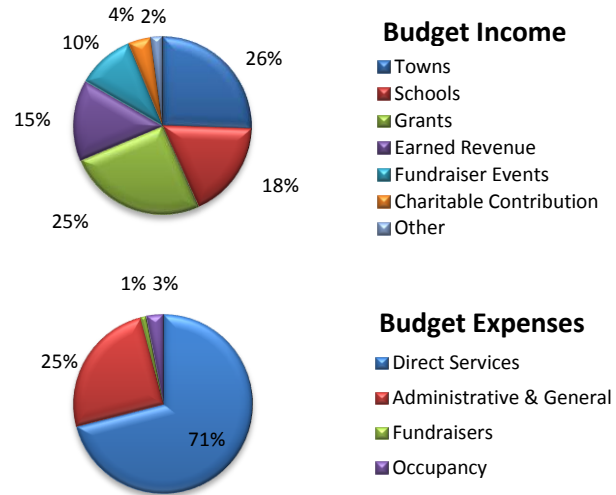
## Developed New Programs and Events

- AHM staff and community partners have introduced a number of new and innovative programs, from the expansion of a Suicide Prevention Training project, in partnership with the Jordan Porco Memorial Foundation, to the application, this year, of new Juvenile Review Board and Drug Free Community Grant Initiatives.
- Our Drug Task Force, in partnership with the DEA and Connecticut State Police, once again broke a new record by collecting and incinerating, in excess of 1200 pounds of over the counter and prescription medications during a four year span as part of the Take Back event.

## On the Horizon...New Technical Infrastructure

Through the past generosity of the Hartford Foundation for Public Giving, AHM is once again applying for a grant to incorporate new technology into daily work practices. Past innovations included a new website, creation of a new financial accounting and fundraising system, integration of a new client billing and data tracking system.

## 2013-2014 Financial Income and Expense Budget \$1,101,358



## What We Do Best

- Our focus continues to be the "whole child" from birth through high school graduation, beginning with the Family Resource Center acting as a "service bridge" for families.
- Our service delivery follows families during the transition from Pre-Kindergarten to Elementary, Middle and High School.
- What worked thirty one years ago still works today. AHM's time tested mission that we have consistently followed focuses on the provision of mental health, juvenile justice, family development, positive teen development and prevention programs/services.

## Upgraded Our Facility

In the past two year, AHM incorporated cost effective green energy projects (solar and lighting). Our next initiative will involve a university research project to improve acoustics in the Performing Arts Hall.

## A Seasoned and Well Respected Staff

AHM staff members are among the most dedicated and highly skilled you will find anywhere. Foremost the AHM staff care about the welfare of local children. Our direct service staff are professionally trained with degrees in mental health, social work, public health and education.

# What We Hear

"He's sort of like a dad to me since my dad passed away...or a big brother. Everyone should know about this program...it's great"

**A mentee in the Lanterns Mentoring program.**

"My wife and I would be lost without the Chores program as we both have very high needs, and some things we are just unable to do on our own."

**Seniors involved in the Chores program**



"The Power of Words taught me to be considerate of others, because you have no idea what they might be going through." "I learned that the smallest thing you say can change a person's day- positively or negatively".

**Students involved in the Power of Words program**

"It has been a wonderful, nurturing experience and provided such a safe and loving environment that my daughter was able to grow and develop more than she would have otherwise"

**Parent of a child in a Family Resource Center program**



"There are many opportunities in our community for participation in athletics but this is the only opportunity for theater. It provides an artistic outlet and teaches many life skills. "

**Member of the audience at Summer Youth Theatre**

"I think coming here every week is the BEST part of the school year!"

**Elementary student participant in a support group**

"Being involved as Youth Directors on the Board of a non-profit is a once in a lifetime opportunity. The staff and volunteers work tirelessly to provide local residents with a safe and secure environment. AHM is proof that when people become active in society, great things can happen."

**Youth Directors, AHM Board of Directors**



## Support Us!

The majority of Youth Service Bureaus in Connecticut are structured as municipal departments. AHM on the other hand is a regional non-profit organization. There are advantages to both systems. For our communities, having a Youth Service Bureau and Family Resource Center as part of a regional non-profit organization allows for many opportunities to pay for programs and services without only relying upon tax dollars. As a non-profit, AHM has been awarded many private, corporate, state, and now federal grants to help introduce and maintain high quality community-based services. Since 1984, this growing relationship, which AHM has developed with its many partners, has leveraged millions of dollars in cost savings on behalf of our communities.

## Connect with Us

Connect with us and stay on top of all that we have to offer!

Like us on Facebook!

[www.facebook.com/AHMyouth](http://www.facebook.com/AHMyouth)

Visit our *NEW* website and subscribe to receive information on our programs and events!

[www.ahmyouth.org](http://www.ahmyouth.org)

Give us a call!

(860) 228 – 9488

We are located at:

25 Pendleton Drive  
Hebron, CT 06248



## Thanks to Our Supporters

In any given year, roughly 50% of AHM's budget comes from private donations, grants, and fundraisers. The importance of local contributing support from individuals, businesses, civic and faith groups cannot be overstated. **Thank you to all of our volunteers and donors who have supported the work and mission of AHM this past year. We couldn't have done it without you!**



## Want to See More Information?

Individual Town Data Summaries are available upon request.

The mission of AHM is to: *“provide mental health and positive youth development services that assist children, young people, and their families in creating a supportive and caring environment, for them to reach their maximum potential as members of society.”*

*Data compiled by Peggy Tunick, Data and Research Consultant*

*Annual Report created by:*

*Erin Pace, Member of AHM Board of Directors*

*Lisa Reeve, AHM Office Manager*



## AHM's Board of Directors

### *Executive Board of Directors*

President..... Kristen Kania  
Vice-President ..... William Sudol  
Treasurer..... Brendan Shea  
Recording Secretary..... Erin Pace  
Corresponding Secretary..... Joleen Yorio  
Immediate Past President..... Peter Yorio

### *Directors*

Paulette Adams                      Brenda Bula  
Kay Corl                                Denise Esslinger  
Brian Keldsen                        Robin Lane  
Robert McBair                        Denise Morell  
Carla Pomprovicz                    Nichole Sun  
Jeanne Worthen

### *Youth Directors*

Katelyn Donahue                    Aidan Kalisher  
Olivia Kurtz                            Samuel Rudolph

## AHM's Staff

### *Administration*

Executive Director ..... Joel I. Rosenberg  
Director of Finance & Operations..... Nella Stelzner  
Program Director ..... Michelle Hamilton  
Data and Research Consultant ..... Peggy Tunick

### *Administrative Support*

Office Manager..... Lisa Reeve  
Receptionist & Clinical Assistant ..... Katherine Graham  
Fundraising Associate ..... Tonja Russo  
Technology Consultant ..... Sarah Ekvall  
Part-time Administrative Support Staff:  
Laureen Davids, Elizabeth Gonzales, Edie Hurst, Diane Kane,  
Kelly Kulow, Patricia Wark

### *Clinical Program*

Clinical Coordinator ..... Sandra Plummer  
Psychiatrist..... Dr. Osman Qureshi  
Clinical Social Worker ..... Lauren Morris  
Clinical Social Worker ..... Holly Wells

### *Family Resource Center*

FRC Program Coordinator ..... Rebecca Murray  
Parent Educator ..... Laurie Larsen  
Mentoring Facilitator..... Laurie Larsen  
Play & Learn Assistant ..... Leslie Capozza  
Preschool Teacher ..... Cari Duigou  
Preschool Teacher ..... Heather Holbrook

### *Student Support Services*

Andover Elementary School..... Cheri Rivard-Lentz  
Elmer Thienes Elementary School ..... Sabena Escott  
Elmer Thienes Elementary School ..... Michele Thorn  
Gilead Hill Elementary School ..... Sabena Escott  
Hebron Elementary School..... Sabena Escott  
Horace W. Porter School..... Cheri Rivard-Lentz  
RHAM Middle School..... Aquila Beach  
RHAM High School..... Bevin Perry

## Other Programs

### *Summer Youth Theatre*

Theatre Director ..... Mary Rose Meade  
Associate Producer ..... Michele Francoeur  
Assistant Director ..... Jeffrey Jacques  
Musical Director ..... Anthony Pandolfi  
Lighting & Sound Designer ..... Matthew Troy

## Fundraising Committees

### *Auction Committee*

Joel Rosenberg - Chairman  
Paulette Adams                      Katherine Graham                      Gail Hughes  
Laurie Larsen                        Dominic Marino                        Patricia Morency  
Lauren Morris                        Rebecca Murray                        Carla Pomprovicz  
Lisa Reeve                              Cheri Rivard-Lentz                        Tonja Russo  
Nella Stelzner

### *Golf Tournament Committee*

Joel Rosenberg - Chairman  
Paulette Adams                        David Armata                            Jennifer Armata  
Todde Armata                        Jim Celio                                Gary Cyranowicz  
William Garrison                        Kenneth Houston                        Spike Houston  
Scot Kauffman                        Tracy Kauffman                        Joseph Krist  
Sean Petersen                        Lisa Reeve                                Tonja Russo  
Nella Stelzner                        William Sudol                            Nichole Sun  
Clyde Washburne

### *Telethon Committee*

Joel Rosenberg – Co-Chair  
Nella Stelzner – Co-Chair  
Brenda Bula                              Kay Corl                                Erin Pace  
Lisa Reeve                                Tonja Russo                              Nichole Sun  
Joleen Yorio                                Peter Yorio

### *Building Committee*

John Corl – Chairman  
Nella Stelzner                              William Sudol                              Peter Yorio

### *Planned Giving Committee*

Kay Corl – Chairwoman                    Advisor – Apex Investment Services  
Steve Beauchene                        Joseph Canino                            Atty. William Dakin  
Christopher Hall                        Kristen Kania                              Robert McBair  
Joel Rosenberg                            John Soderberg                            Nella Stelzner

### *Prevention Services*

### *Juvenile Review Board*

Francis Carino – Chairman  
Aquila Beach                              Carri-Ann Bell                            Penny Bryzgel  
Sarah Costa                                Kevan Dantzler                            Dawn Davis  
Tpr Gregory DeCarli                        Tpr Benjamin Dodge                        Tpr Jeffrey Dunshee  
Sabena Escott                              Tpr Kyle Fitzgibbons                        Tpr Daniel Greenwood  
Stephanie Juber                            Holly Maiorano                              Denise Morell  
Thomas Mueller                            Tpr Robert O'Connor                        Bevin Perry  
Cheri Rivard-Lentz                        Joel Rosenberg                              Richard Szegda  
Karley Watkins

### *Drug Task Force*

Suzanne Donahue – Chairwoman  
Aquila Beach                              Cari-Ann Bell                              Sheila Boushee  
Penny Bryzgel                              Amy Campbell                              Dawn Davis  
Tpr Gregory DeCarli                        Dr. Tatyana Divino                        Tpr Benjamin Dodge  
Katelyn Donahue                        Sabena Escott                              Laurence Fearon  
Tpr Kyle Fitzgibbons                        John Gasper                                Marisa Giarnella-Porco  
Tpr Daniel Greenwood                        Alyssa Gwinnell                              Kim Hills  
Kim Kelley                                Michael Kenyon                              Olivia Kurtz  
Kelley Lafleur                              Scott Leslie                                Melisa Luginbuhl  
Jonathan Luiz                              Andrew Maneggia                            Joshua Martin  
Annette Morrison                        Tom Mueller                                Gayle Mulligan  
Ashley Murphy                              Jeffrey Newton                              Father Everett Perine  
Bevin Perry                                Cheri Rivard-Lentz                            Joel Rosenberg  
Lisa Seethaler                              Robert Siminski                              Bonnie Smith  
Michele Thorn                                Daniel White